



# Welcome to the 2<sup>nd</sup> Annual NHPQC Maternal Health Summit



**The NHPQC represents a statewide network working collaboratively towards improving maternal and infant health care and outcomes in our state.**



# Mission

The New Hampshire Perinatal Quality Collaborative aims to build a patient-centered, data-driven, evidence-based, sustainable infrastructure to assure that every woman/birthing person, and infant receives high quality, safe care.

We support New Hampshire birthing communities with an integrated and collaborative approach to equitably improve health outcomes before, during, and after birth. We honor each person's unique and transformative experience of childbirth.



# Vision

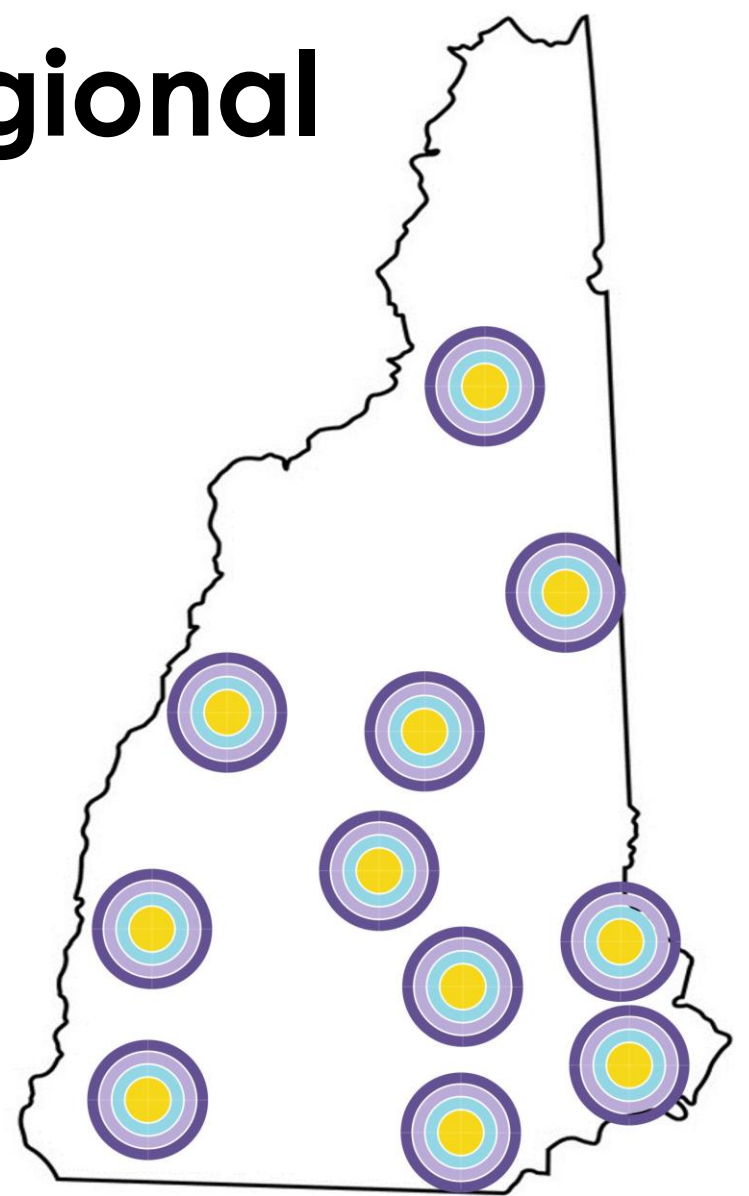
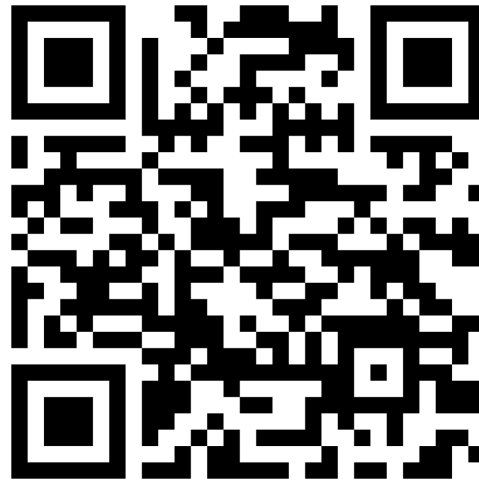
All birthing people feel emotionally, psychologically, and physically safe as they experience caring, respectful, inclusive, high-quality care before, during and after birth

# NHPQC Partnerships



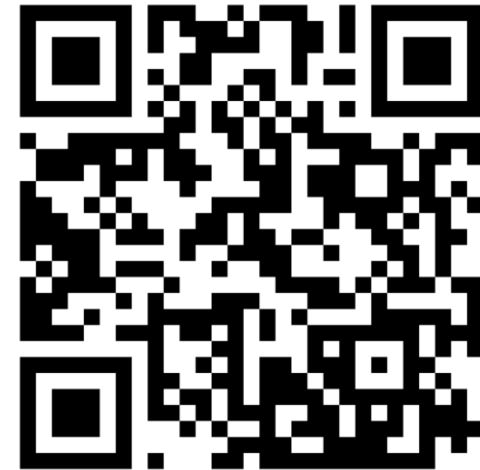
# NHPQC Initiative: The 11 regional coalitions

Claremont  
Manchester  
RMOMS/Littleton  
Plymouth  
Rochester/Dover  
Conway  
Nashua  
Portsmouth/Exeter  
Concord/Lakes  
Monadnock/Cheshire  
Lebanon



# NHPQC Initiative: Rebecca Casey – Case Consultation & Education

- Rebecca Casey MSN, APRN, is a psychiatric nurse practitioner at DHMC
- **Becca is offering weekly open office hours on Mondays from 12:45-1:45pm virtually. Starting June 10<sup>th</sup> office hours will be held on Tuesdays 12-1pm.** You can bring specific case management questions (no PHI), typical challenges, or come hear what other sites are encountering.
- **Becca is also able to hold tailored lunch and learn, education, and discussion sessions for your team.** Some example topics include postpartum depression, psychosis, and medication management, “What do I do when Zoloft fails?”



Contact Maddie Bridge at [Madalynne.M.Bridge@hitchcock.org](mailto:Madalynne.M.Bridge@hitchcock.org) to schedule



# NHPQC Initiative: Perinatal Peer Workers in Recovery Support Group

- Come and join us for discussion, collaboration and to support each other on our individual journeys in recovery as we navigate the unique roles that we play in the women's lives that we serve.
- 4<sup>th</sup> Friday of the Month



Email [Cheri.L.Bryer@hitchcock.org](mailto:Cheri.L.Bryer@hitchcock.org) with any questions





# NHPQC Initiative: Perinatal Peer Worker Learning Series

- For peer support workers and community resource specialists/CHWs, doulas in the perinatal/maternal health setting.
- Collaborate, learn, and create a safe space of understanding
- 2<sup>nd</sup> Friday of the month



Email [Cheri.L.Bryer@hitchcock.org](mailto:Cheri.L.Bryer@hitchcock.org) with any questions



# NHPQC Initiative: Community Conversation Series

Join the NHPQC every other month for a Community Conversation Webinar. These will include short presentations from experts with at least 30 minutes for discussion and questions.



Next Community Conversation: Thursday June 26<sup>th</sup> 12-1



# NHPQC Initiative: Film Screenings



- “Toxic” is a short film (~25 minutes) about a day-in-the-life of a pregnant Black woman, and the racism and injustices that she faces.
- We can provide film screenings for your team with a facilitated group discussion (CEUs should be available)
- Can count for AIM Respectful and Equitable Care Education Measure



Contact Maddie Bridge at [Madalynne.M.Bridge@hitchcock.org](mailto:Madalynne.M.Bridge@hitchcock.org) if you are interested in scheduling



# Summit Exhibit: Photovoice

- Around the main conference room you will see photos from the Photovoice projects.
- Photovoice is a participatory method that asks people with experience of a particular issue to tell their stories through photos. One exhibit focuses on the experiences of poor access to maternity care in the North Country, the second on DCYF engagement by women struggling from substance use disorder. Both exhibits are being used to advocate for improved perinatal care and support services in New Hampshire.



# Summit Exhibit: Mom Hub Café


In the main hallway you can find our Mom Hub Café, a space to meet Heather Martin and Alison Palmer and learn about Mom Hub resources.

The NH Mom Hub connects pregnant and postpartum individuals, families, and providers to mental health support, peer navigation, and local resources through warm, compassionate care coordination. We aim to prevent moms from falling through the cracks.

# Glossary: Coproduction

**Coproduction** – is “the joint activity of a service user and professional(s) in supporting and generating better health” done through mutual respect in partnership, where power and decision-making are shared, with open and honest communication, and that notices and invites each participant’s unique strengths and expertise.

# Glossary: Culture of Caring



**The culture of caring** involves both patients who receive care and a workforce who provide care. With a culture of caring, patients feel heard and respected and receive care that is effective, safe and person-centered, and staff feel valued and supported.


# Glossary: Inclusion



**Inclusion** is about engaging and partnering with others, and creating a safe, positive, and nurturing environment where everyone feels welcome, respected and valued.



# Glossary: Health Equity



As defined by the United States Centers for Disease Control and Prevention, **health equity** is achieved when every person has the opportunity to attain their full health potential, and no one is disadvantaged for achieving this potential because of social position or other socially determined circumstances.”

# Glossary: integrated collaborative approach

An **integrated collaborative approach** is the creation of a collaborative partnership that goes beyond traditional silos, promoting teamwork and communication between patients, family members, health care professionals from various disciplines, therapists and community health professionals all working together to deliver the best possible patient care.



# Statewide Maternal Health Task Force

**Daisy Goodman**  
**Sanam Roder-Dewan**  
**David Laflamme**  
**Carolyn Nyamasege**  
**Vicki Flanagan**  
**Julie Bosak**  
**Stephanie Langlois**  
**Lauren Chambers**  
**Trini Tellez**  
**Greg Norman**  
**Yael Gill**  
**Cheri Bryer**  
**Erica Tenney**  
**Rhonda Seigel**  
**Laura Suzuki**  
**Allison Power**

**Mary Etna Haac**  
**Haley Martell**  
**Rikki Chapman**  
**Meagan Beaton**  
**Wanda Castillo-Diaz**  
**Melissa Martinez-Adorno**  
**Kris Hering**  
**Stephanie Hawkins-Marshall**  
**Tanisha Johnson**  
**Wendy Conway**

Lucy Hodder  
Devan Quinn  
Christina Warriner  
Lisa Spiers  
Karyn Emmert  
Audra McKinnon  
Sherry Stevens  
Jessica Bacon  
Emily Brayton  
Ashley Shaw  
Rose Toner  
Jennifer Hunter  
Kailene Jones  
Amanda Gilman  
Paige Beauchemin  
Rekha Sreedhara  
Adriana Espitia  
Emily Sylvester  
Elizabeth Disney

Teri Palmer  
Virginia Jones  
Lisa Spurrell  
Julie Frew  
Riley Lacasse  
Jamie LaRoche  
Athena Cote  
Farrah Sheehan  
Carol Stone  
Lindsay Learned  
Lisa Lamadriz  
Susan Wnuk  
Lindsey MacDonald  
Olivia May  
Shirley Tomlinson  
April Fitzsimmons  
Rebecca Amoo  
Alison Palmer  
Heather Martin

**\*Core Leadership Team**

# NHPQC Staff

- Julie Bosak – Executive Director
- Karen Lee – NNEPQIN Conference Coordinator
- Petrice DiDominic – MMRC Perinatal Outreach RN
- Lauren Chambers – NHPQC Supervisor
- Stephanie Langlois – NHPQC Senior Coordinator
- Madalynne Bridge – AIM Senior Coordinator
- Emily Brayton – NNEPQIN Operations Director
- Cheri Bryer – Senior Peer Support Educator and Coordinator
- Katina Cummings – NHPQC Community Coordinator
- Emily Duff – NHPQC Community Coordinator
- Camilla Thompson – NHPQC Community Coordinator



Reach out to  
the NHPQC!

