

POWER, RELATIONSHIP AND TRUST: MANAGING THE DYNAMICS THAT MATTER FOR COLLABORATION

Kirsten Durzy, MPH and Trinidad Tellez MD
NHPQC Maternal Health Summit
May 1, 2025

1

HELLO!

Kirsten Durzy, MPH



Epidemiologist, Public Health Consultant
Health and Data Equity
Storytelling and Narrative Voice
Former Evaluator/COVID Equity SME, NH DPHS and CDC Foundation

Family Physician
Community Participatory Researcher
Educator
Former Director, Office of Health Equity, NH-DHHS



Trinidad Tellez, MD

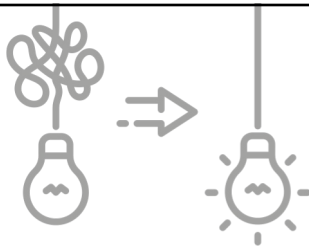
2

What is "Meaningful Participation"?

3

ISSUE

- Good Community Work requires authentic participation by all stakeholders, especially the people most impacted but often does not include equitable opportunity
- Power dynamics exist and can *negatively* impact both relationship and outcome
- Collaboration *requires* trust, trust requires relationship, and building relationship requires time



SOLUTION

- Community Voice provides *authentic* experience and can lead to solutions better suited to the actual needs of the community
- We need to be aware of power dynamics so we can address them *constructively* to be able to have fruitful participation by all
- Successful collaborations *appreciate* the value of investing the time that is needed

4

01.

**EVERYONE HAS A SEAT
AT THE TABLE /
SETTING THE TABLE**

5

02.

**IT'S ALL
ABOUT TRUST**

6

03.

THE POWER DYNAMIC

7

04.

REFLECT AND THEN REFLECT SOME MORE

8



GROUP EXERCISE

**LETS TALK
ABOUT IT**

9

THANK YOU!

Kirsten Durzy, MPH
kirstendurzyconsulting@gmail.com

Trinidad Tellez, MD
drttellez@gmail.com

10