

Overview of Maternal Health Characteristics and Outcomes

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Division of Public Health Services

New Hampshire Department of Health and Human Services

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Prioritized Health Indicators and Associated Risk Factors

Social Determinants of Health

- Location of unplanned, out of hospital birth places (i.e., en-route birth places)
- Insurance status at time of pregnancy and prior
- Housing status
- Food security
- Prenatal care utilization (timing of entry, adequacy of care, quantity of care)
- Intimate partner violence
- Accessing family planning services

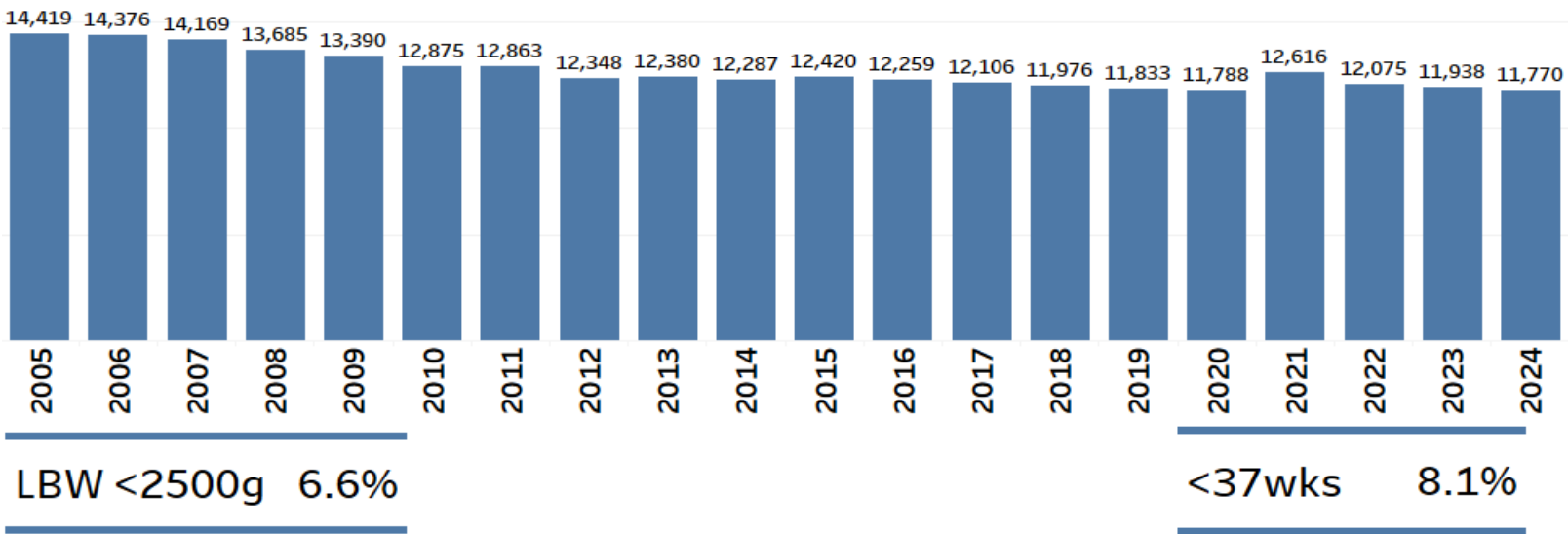
Clinical

- Substance Use Disorder (SUD) and Opioid Use Disorder (OUD) in pregnancy
- Perinatal Mental Health Conditions identified
- Breastfeeding rate, at discharge, at 6 weeks and at 6months postpartum
- Pre-Pregnancy BMI, Hypertension and Diabetes
- Severe Maternal Morbidity
- Maternal Mortality

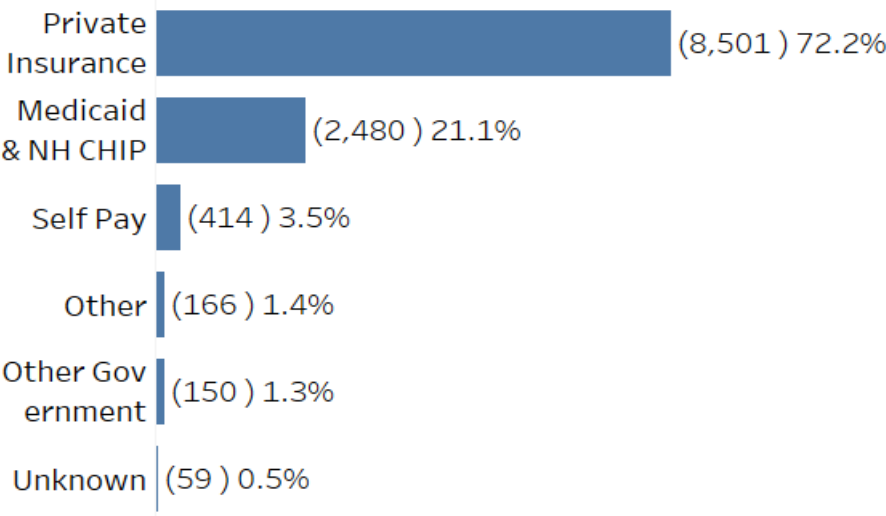


New Hampshire Birth Population

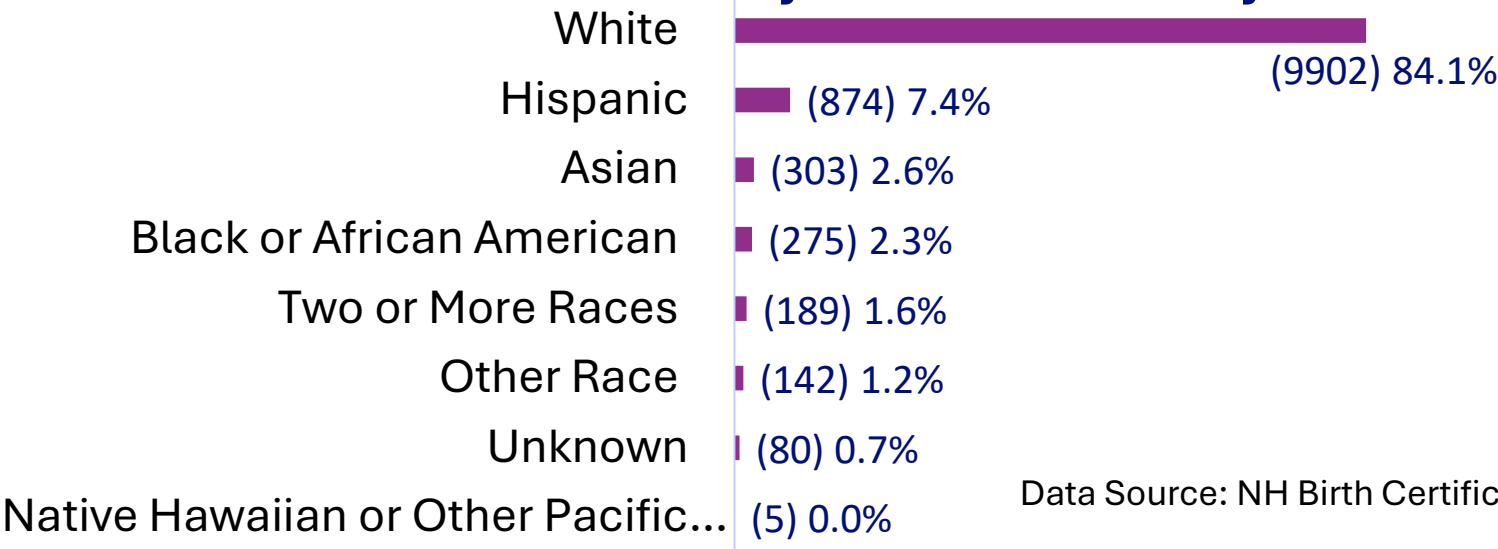
Trend of NH Residents Births



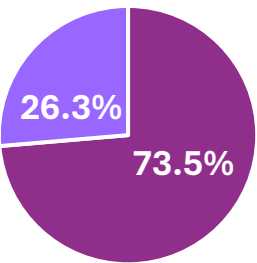
2024 NH Residents Births by Payor



2024 NH Resident Births By Race and Ethnicity



2024 NH Resident Births by Rural Vs Non-Rural



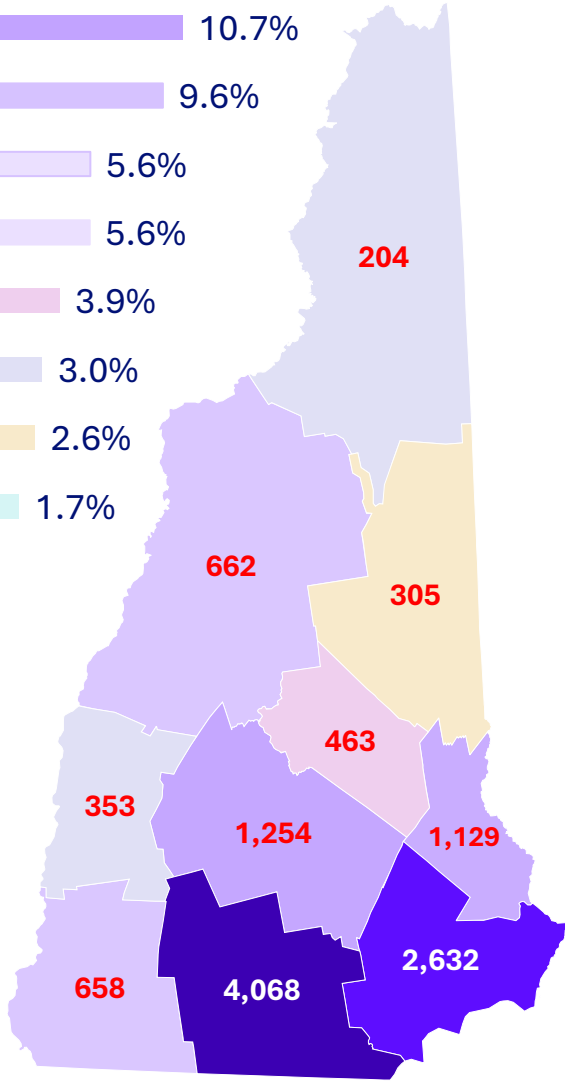
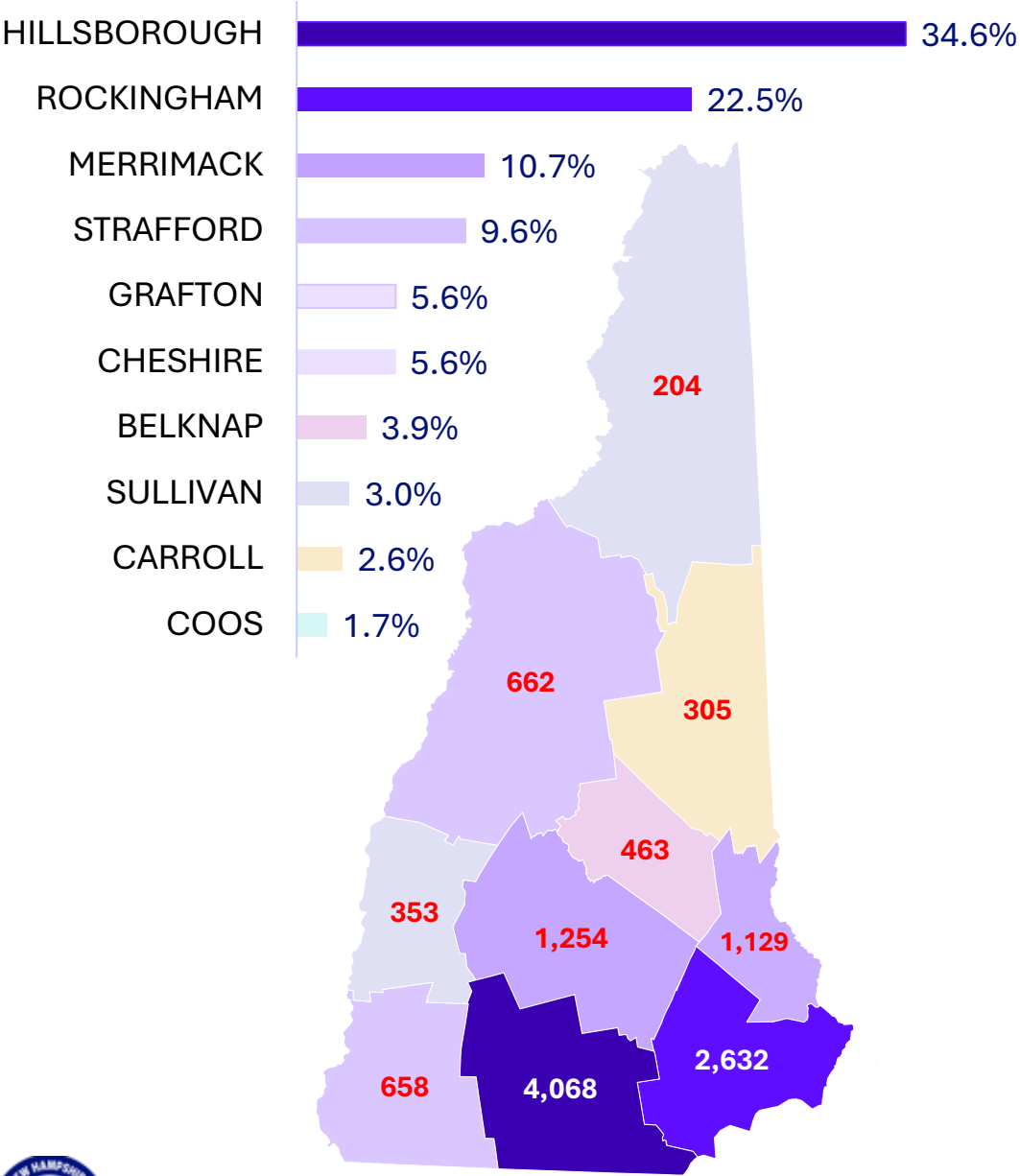
■ Non-Rural ■ Rural

Data Source: NH Birth Certificate Data

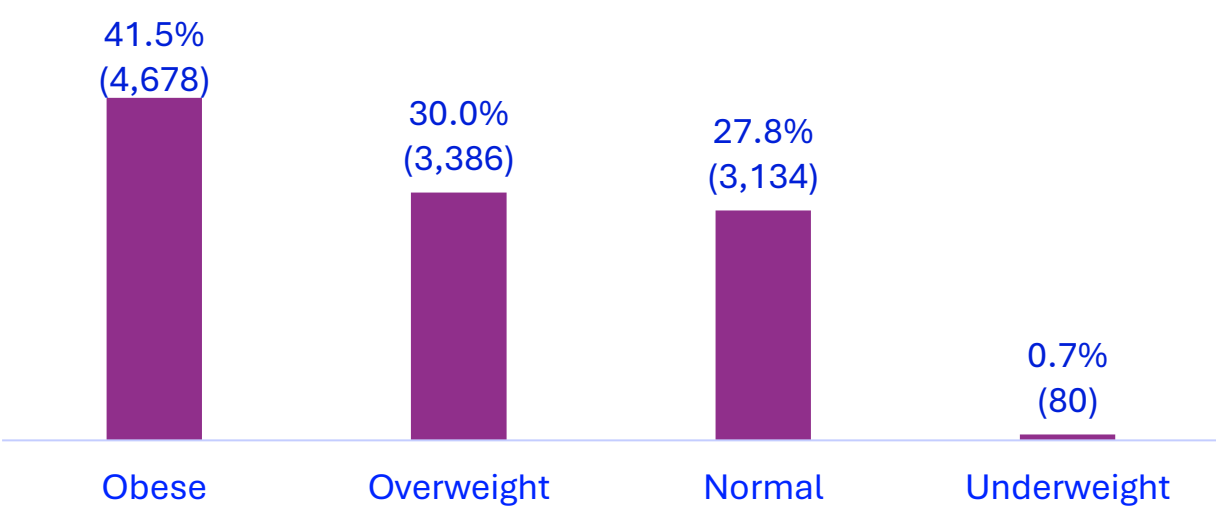


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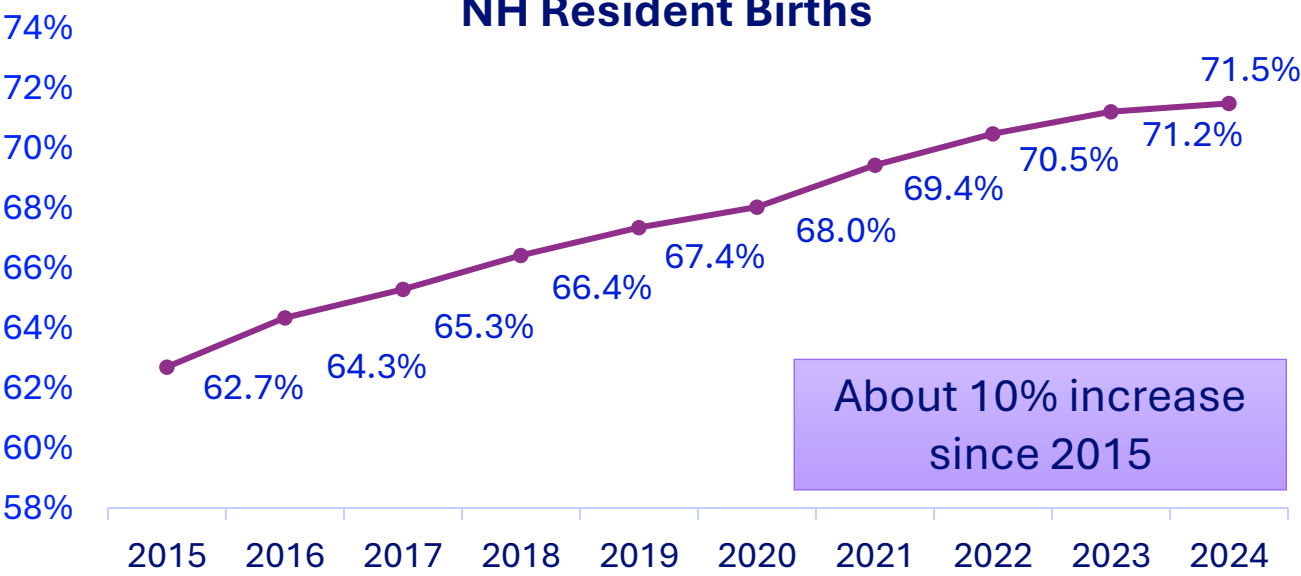
2024 NH Residents Births Occurring in Each NH County



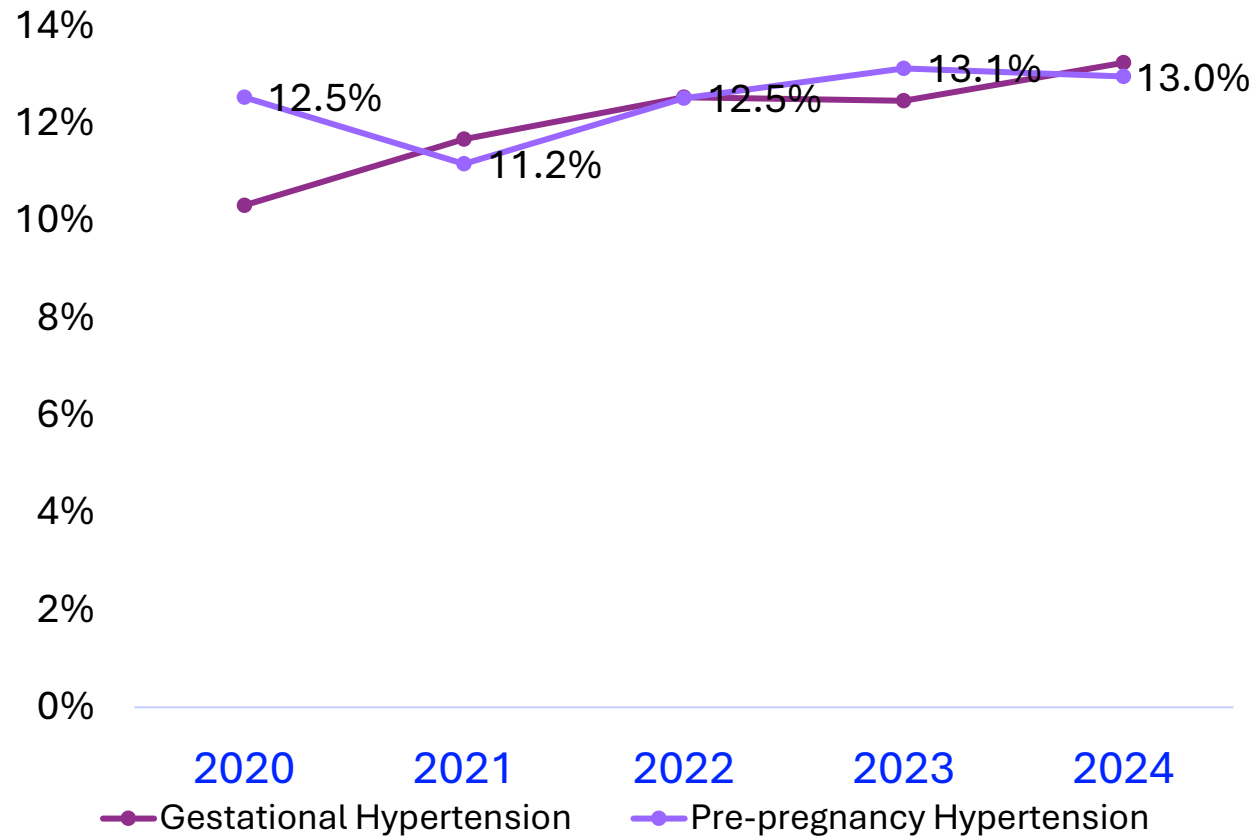
Prevalence of Overweight and Obese Pre-Pregnancy BMI, 2024 NH Resident Births



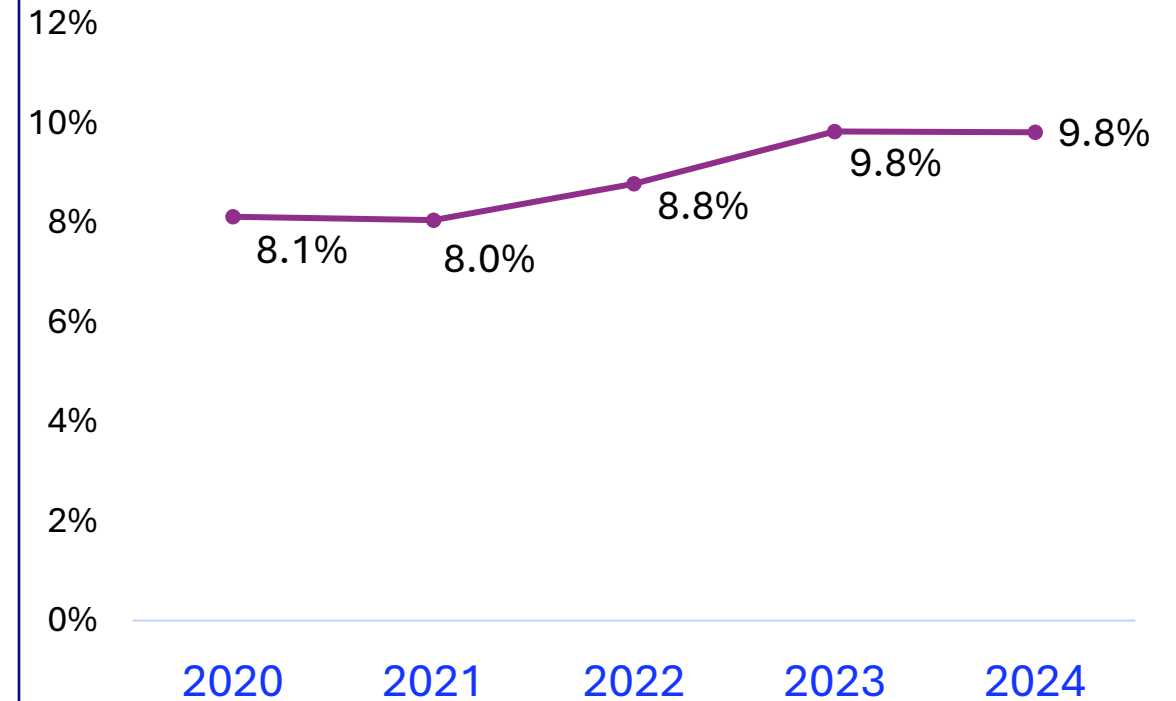
Trend of Pre-Pregnancy Overweight and Obesity, NH Resident Births



Trend of NH Residents with Gestational and Pre-Pregnancy Hypertension



Trend of NH Residents with Gestational Diabetes



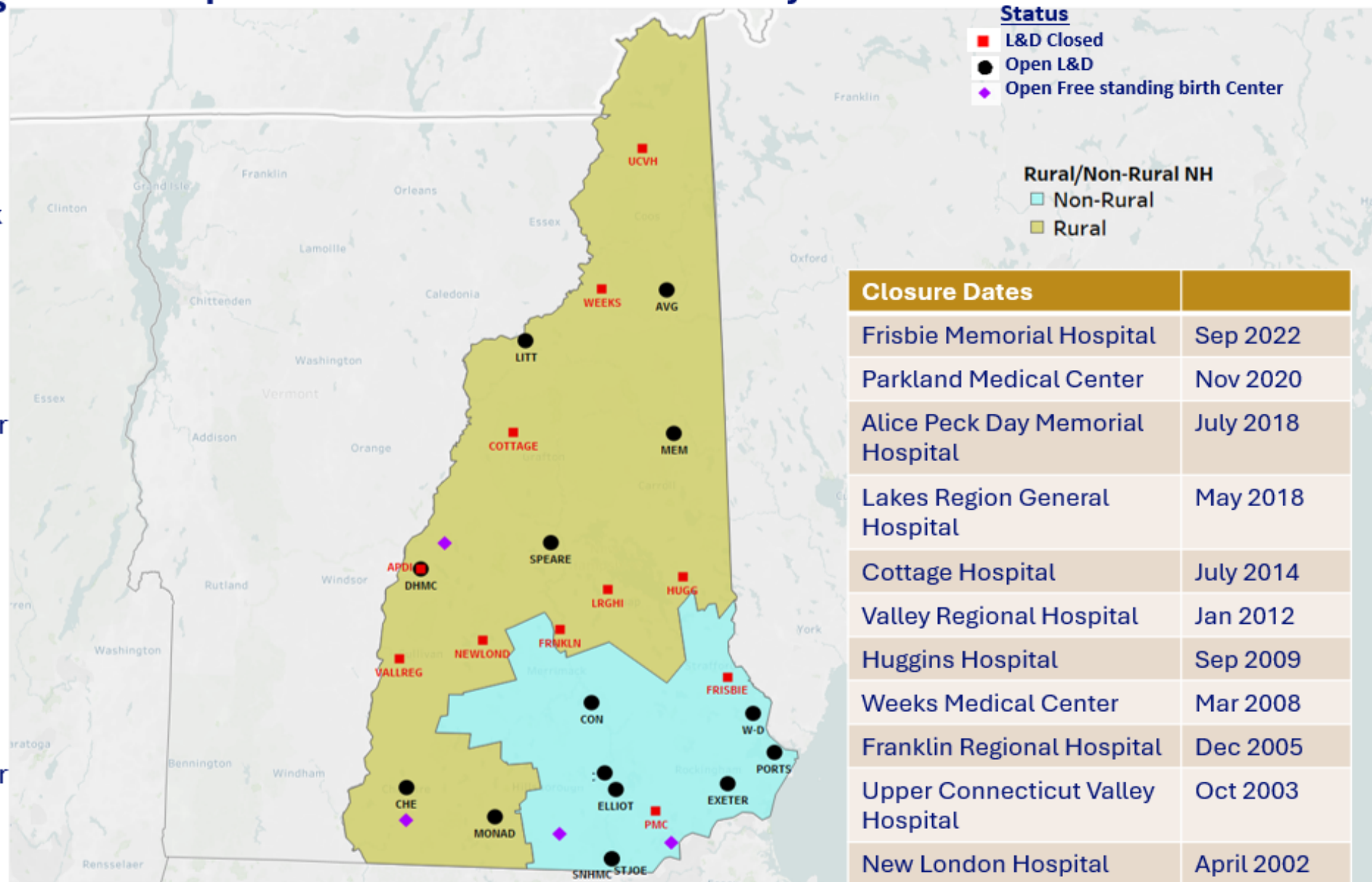
	2022	2023	2024
Pre pregnancy Diabetes	146	164	157



Open Birthing Hospitals

1. AVG-Androskoggin Valley Hospital
2. LITT-Littleton Regional Healthcare
3. MEM-Memorial Hospital
4. DHMC-Dartmouth-Hitchcock Medical CTR
5. SPEARE Memorial Hospital
6. SNHMC-Southern New Hampshire Medical CTR
7. Con-Concord Hospital
8. CMC-Catholic Medical Center
9. W-D-Wentworth-Douglass Hospital
10. PORTS-Portsmouth Regional Hospital
11. EXETER Hospital
12. ELLIOT Hospital
13. ST. JOE-ST. Joseph Hospital
14. MONAD-Monadnock Community Hospital
15. CHE-Cheshire Medical Center

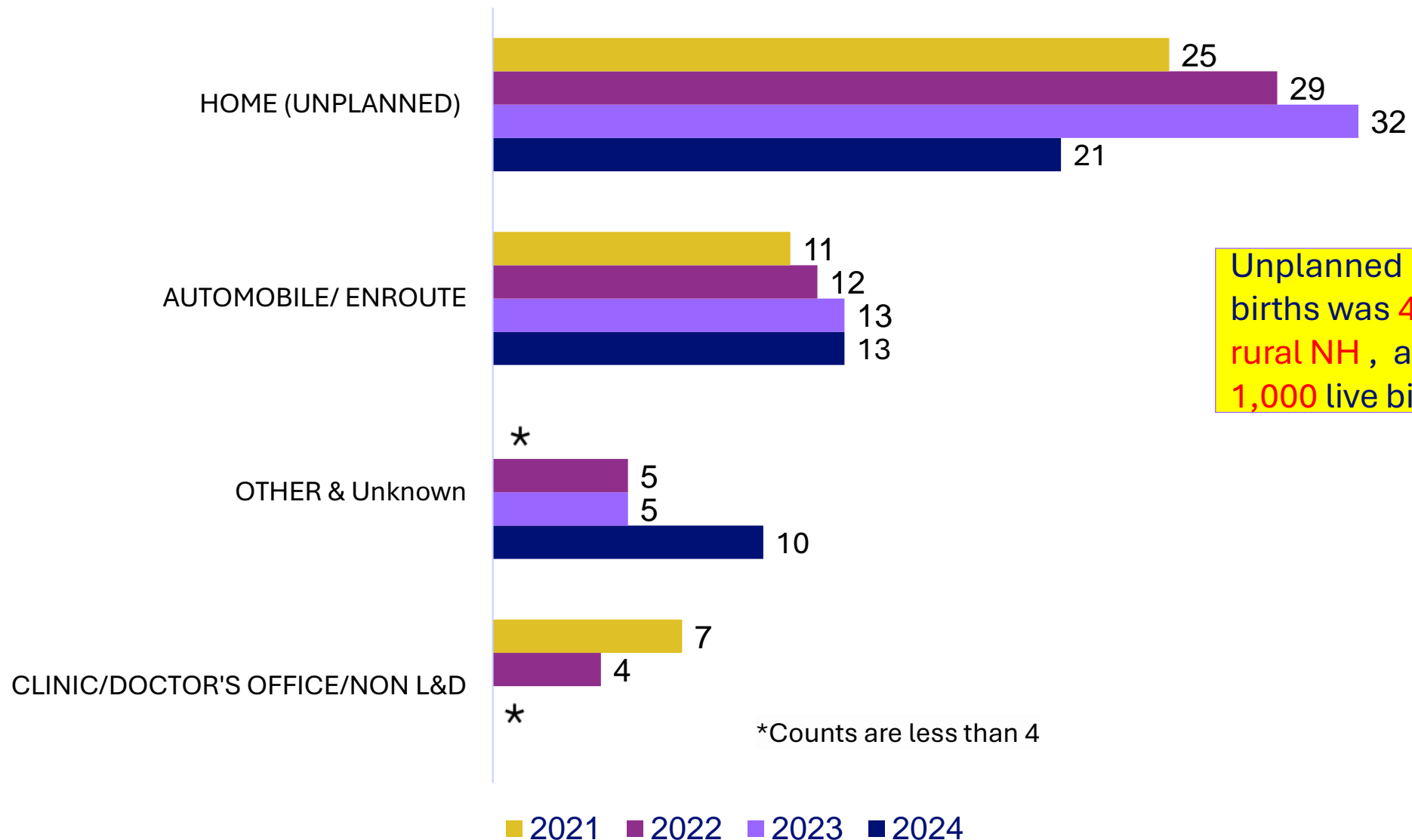
NH's Open and Closed Labor and Delivery Units



Visualized by MCH Epidemiologist



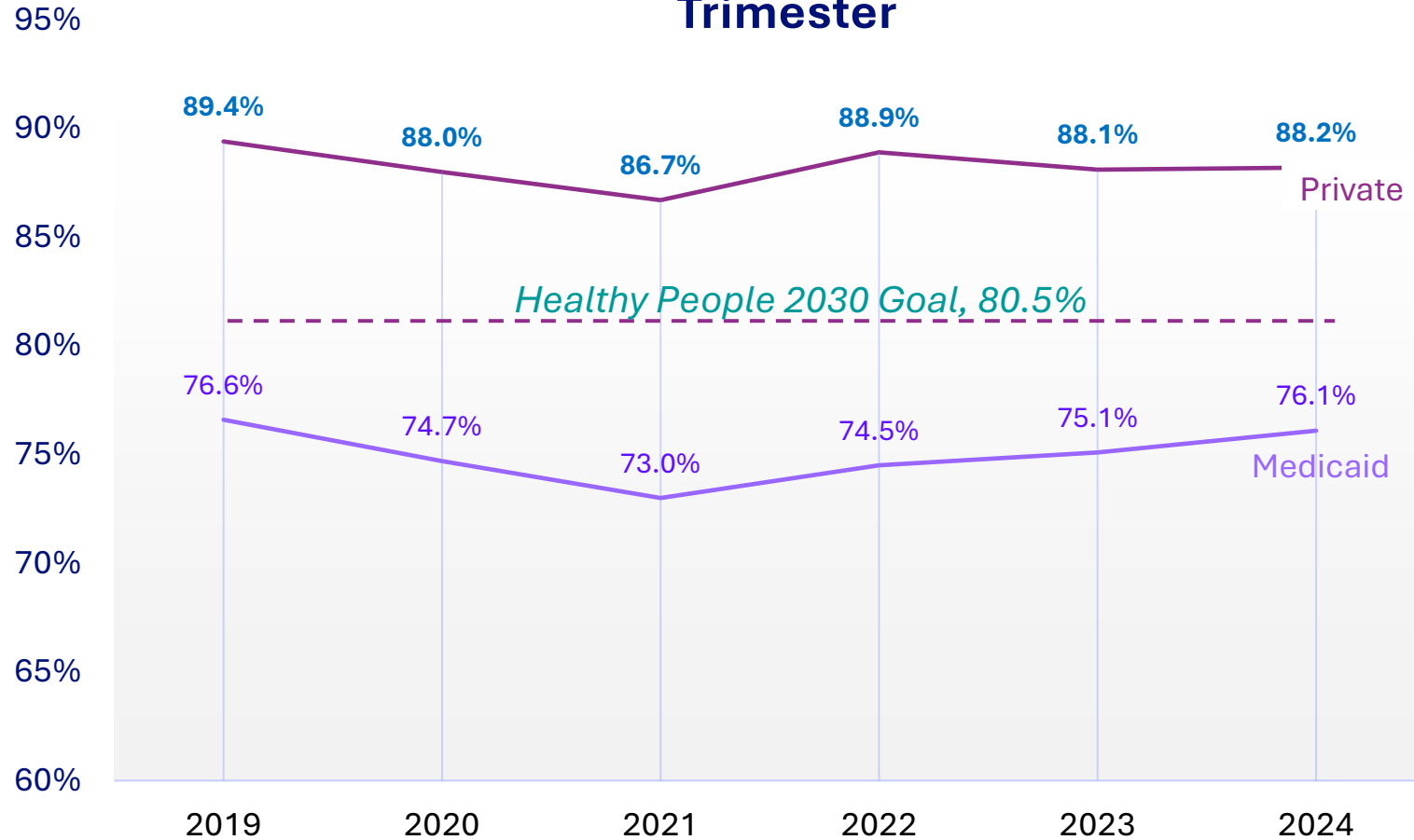
Total Births that Occurred in Specified Unplanned Birth Locations by Year



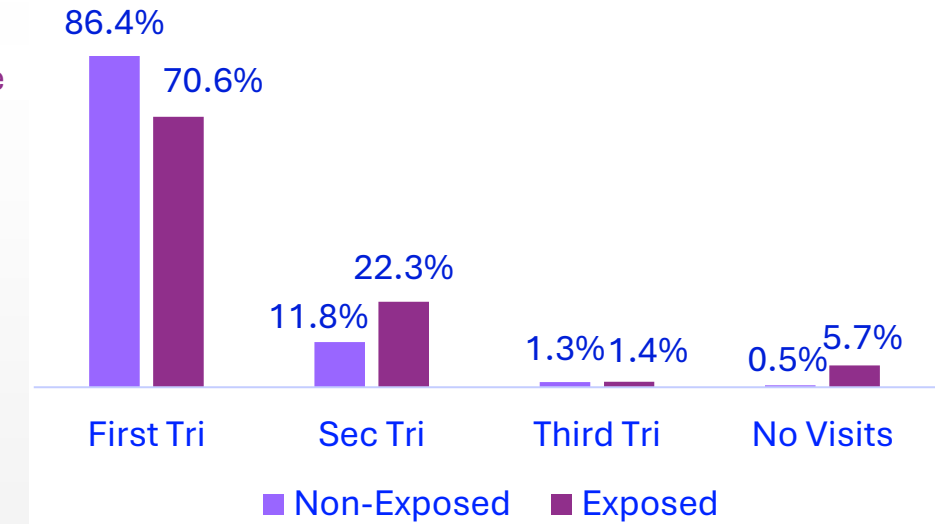
Unplanned birth location for 2024 births was 4.2 per 1,000 live births in rural NH , as compared to 2.7 per 1,000 live births in Non-Rural



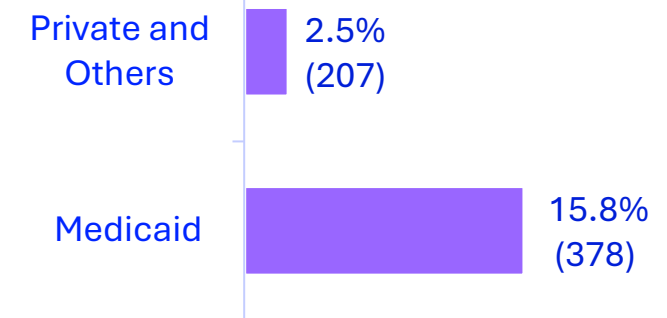
NH Residents Receiving Prenatal Care in the First Trimester



Entry Into Prenatal Care By Substance Exposure, 2024 NH resident Births



2024 Substance Exposed Infants by Payor, NH Resident Births

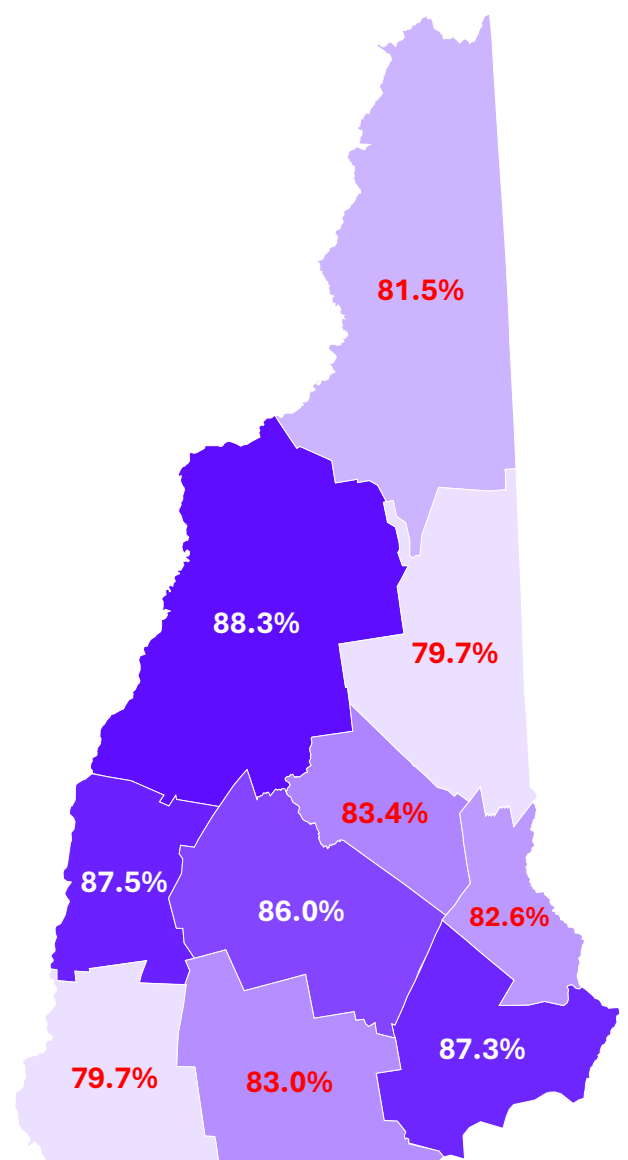


Data Source, NH Birth Certificate Data

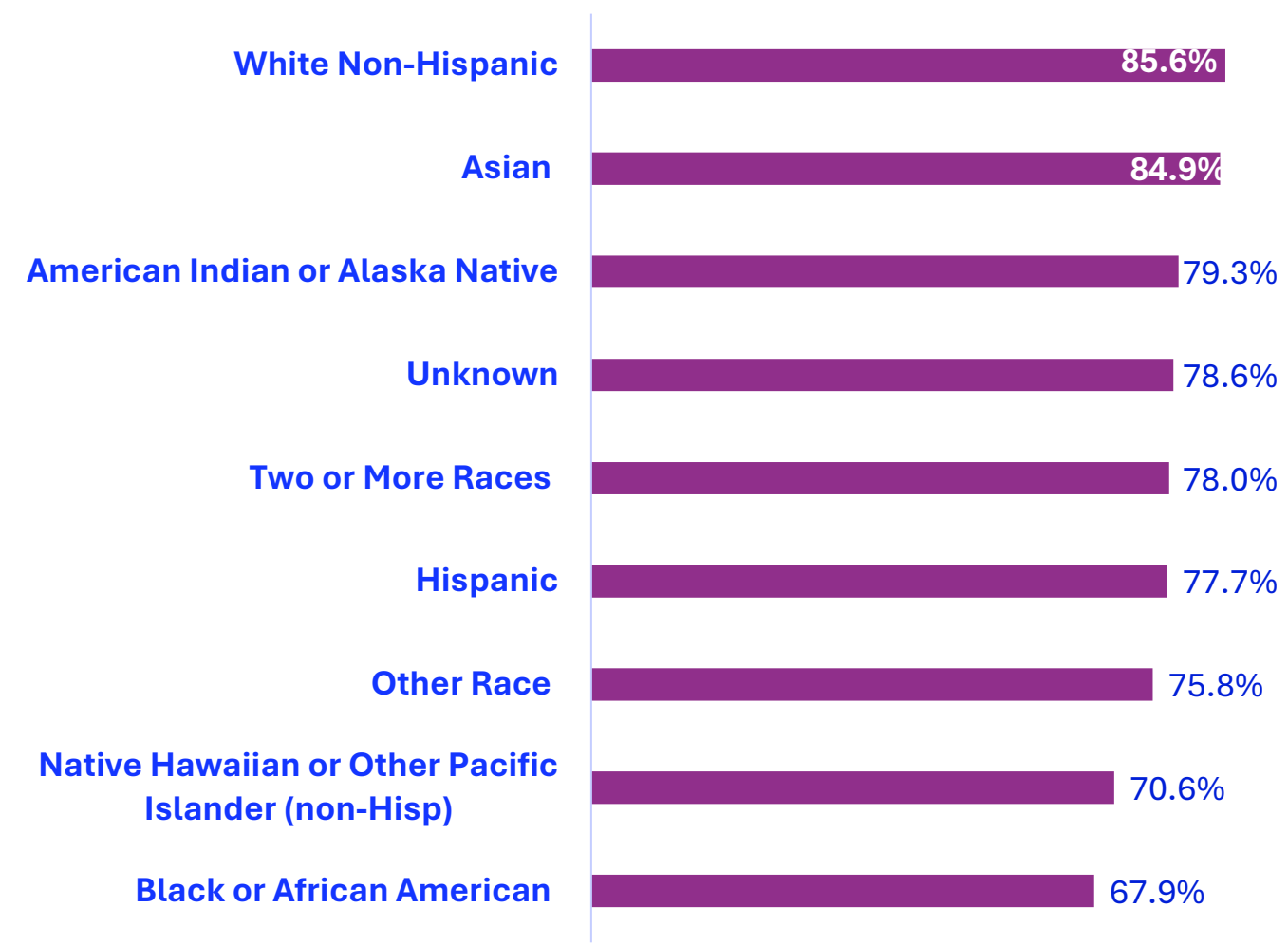


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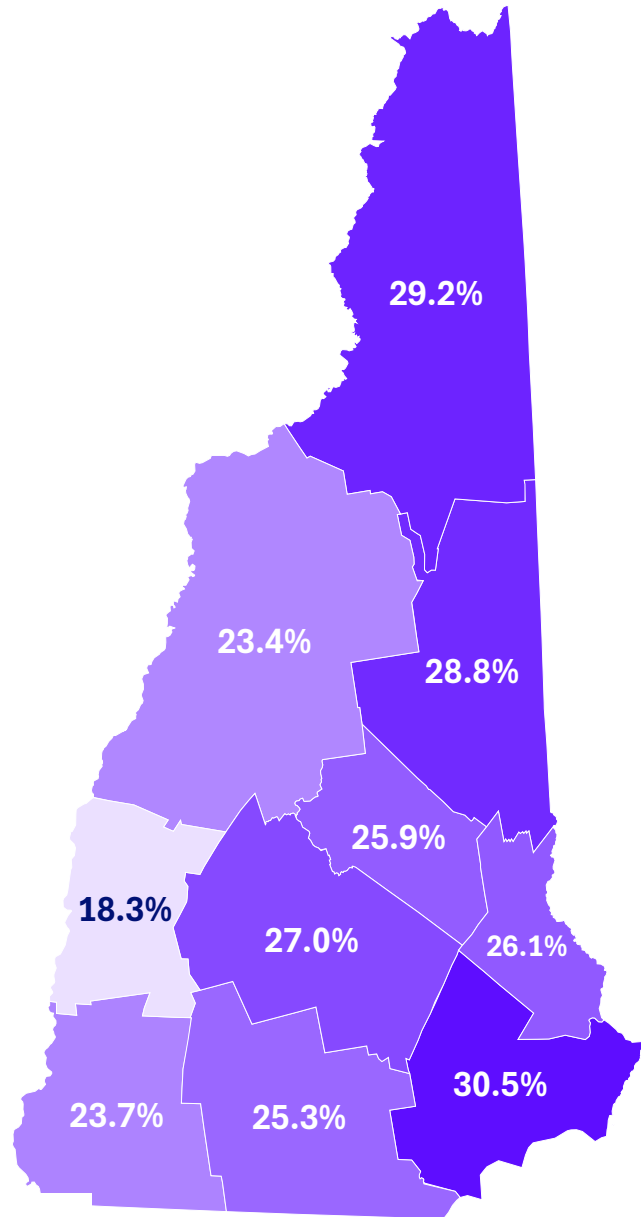
First Trimester Prenatal Care Entry by County of Residence, 2019-2024 NH Resident Births



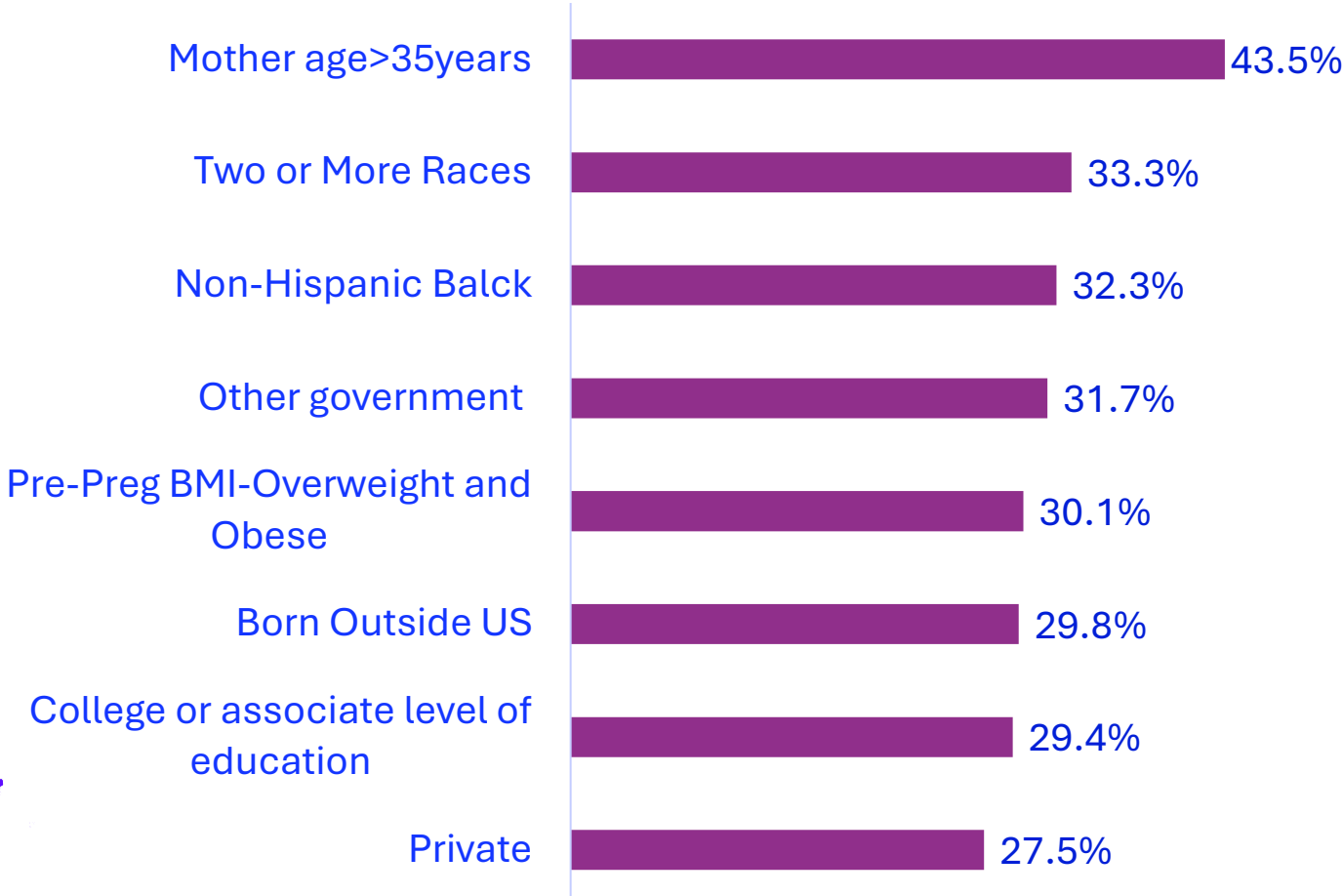
First Trimester Entry to Prenatal Care by Mother's Race and Ethnicity, 2019-2024 NH Resident Births



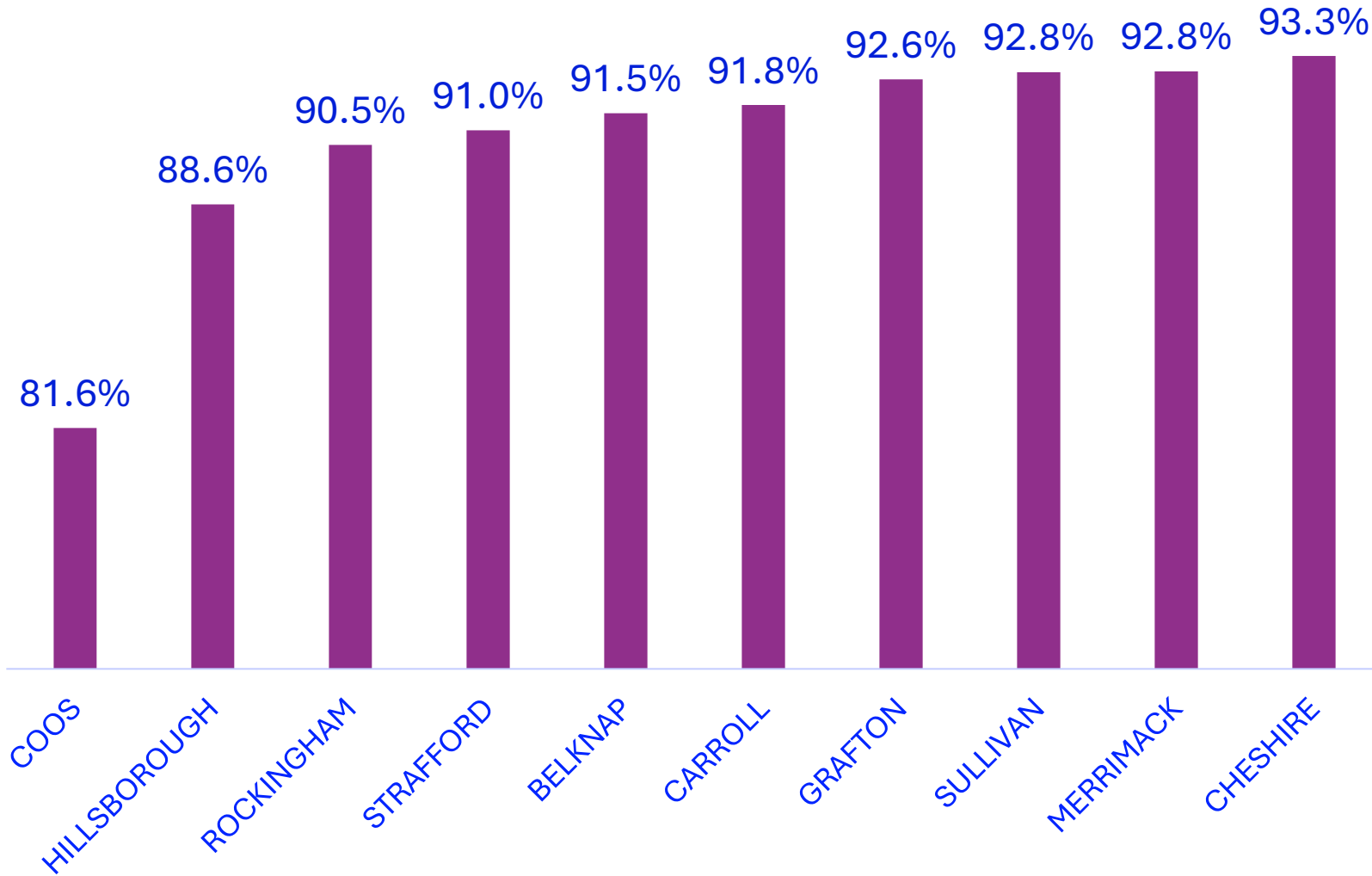
Percentage of Cesarean Deliveries Occurring Among Nulliparous, Term, Singleton, Vertex (NTSV) Pregnancies



NTSV Cesarean Rate by Selected Characteristics with a % higher than the State Overall Rate (26.6%)



Prevalence of Breastfeeding Rate at Discharge, 2024 Deliveries by Mother's County of Residence



78.0% reported
breastfeeding for more
than eight weeks
PRAMS 2022

31.6% reported Exclusive
Breastfeeding for 6
months
55% Born outside U.S.
NSCH 2022-23

Lowest Breastfeeding Rates

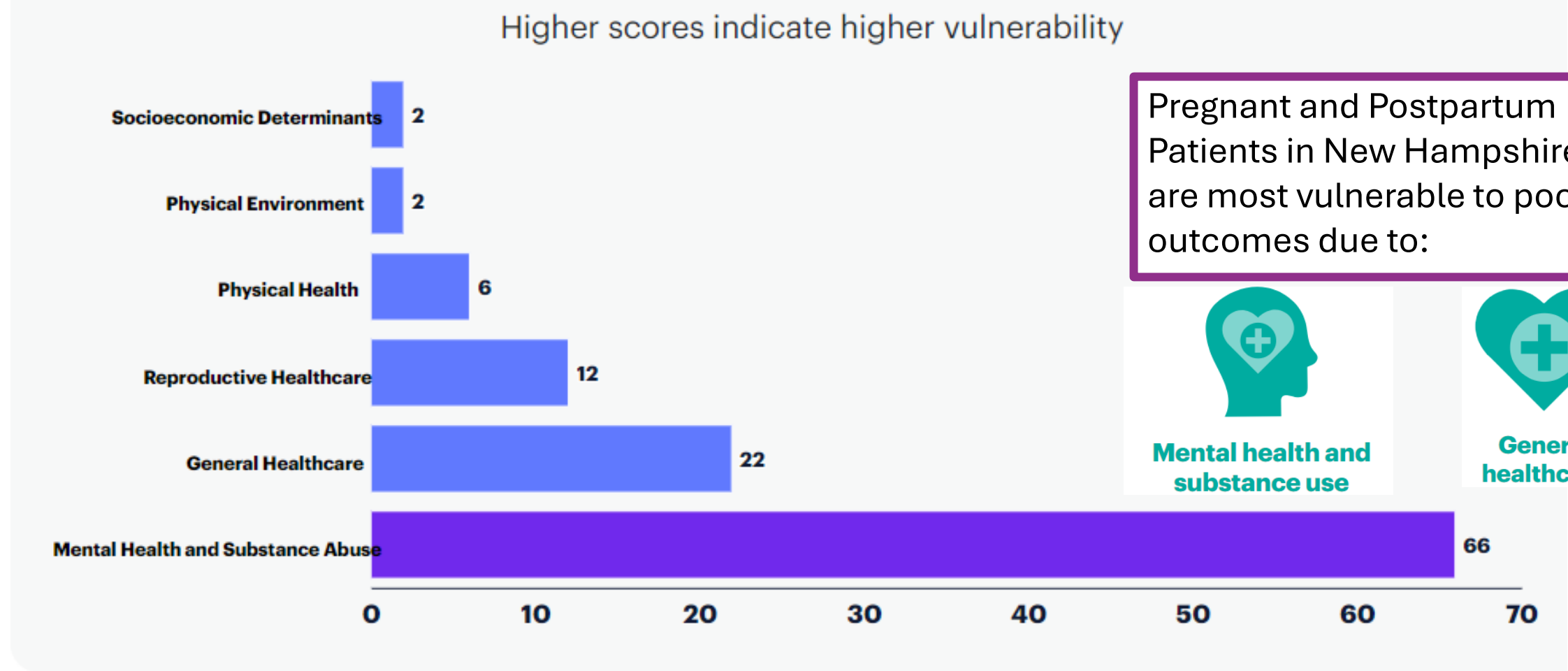
- 2+ Adverse Childhood Experiences 21.6%
- High school graduate 19.6%
- Medicaid 20.4%
- Income-poverty ratio 100%-199% =24.0%
- Born in U.S.=23.9% NSCH 2022-23

Data Source, NH Birth Certificate Data



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Factors Related to Maternal Vulnerability

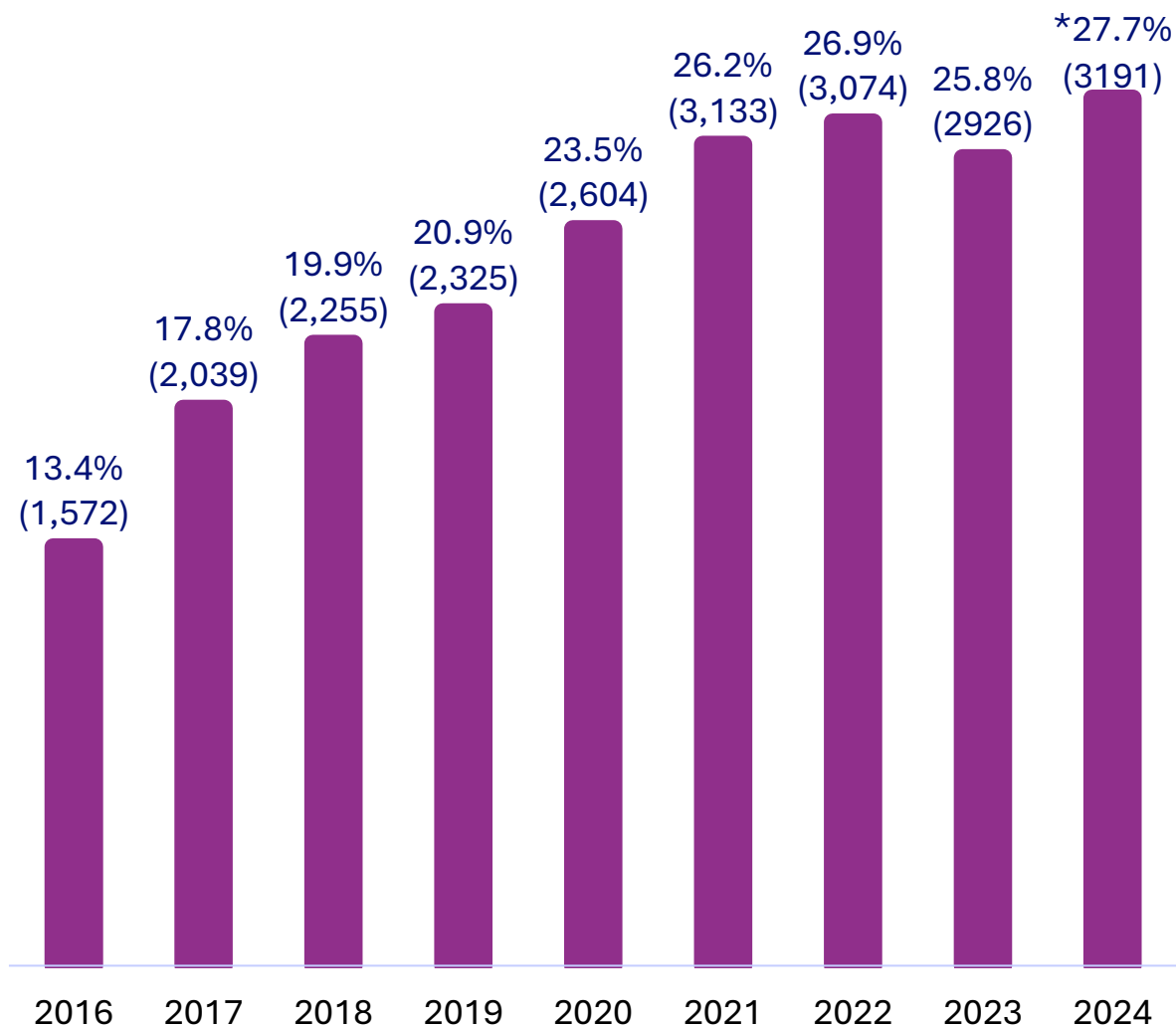


Notes: The Maternity Vulnerability Index (MVI) is a tool used to understand where birthing people in each state may be more likely to have poor outcomes, including preterm birth and maternal death, due to clinical risk factors and other social, contextual, and environmental factors. Visit <https://mvi.surgoventures.org>.

Source: Surgo Health, Maternal Vulnerability Index, 2023.



Trend of Diagnosed Perinatal Mental Health Conditions Occurring in NH Birthing Hospitals



(NH Delivery Hospitalization Data and *NH Vital Records Birth Certificate Data,



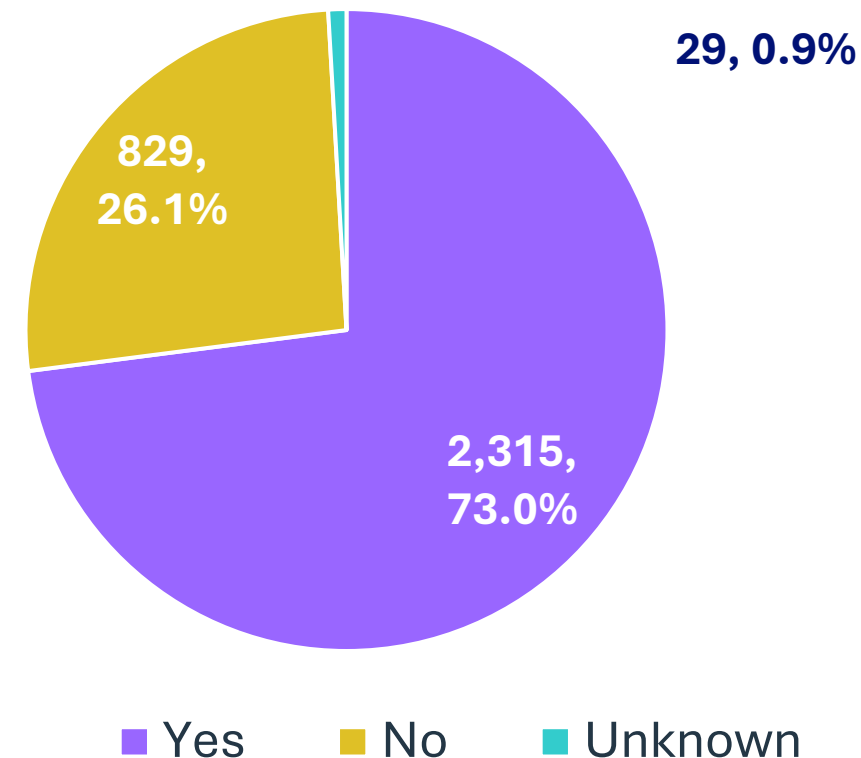
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NH birthing people report a PMHC

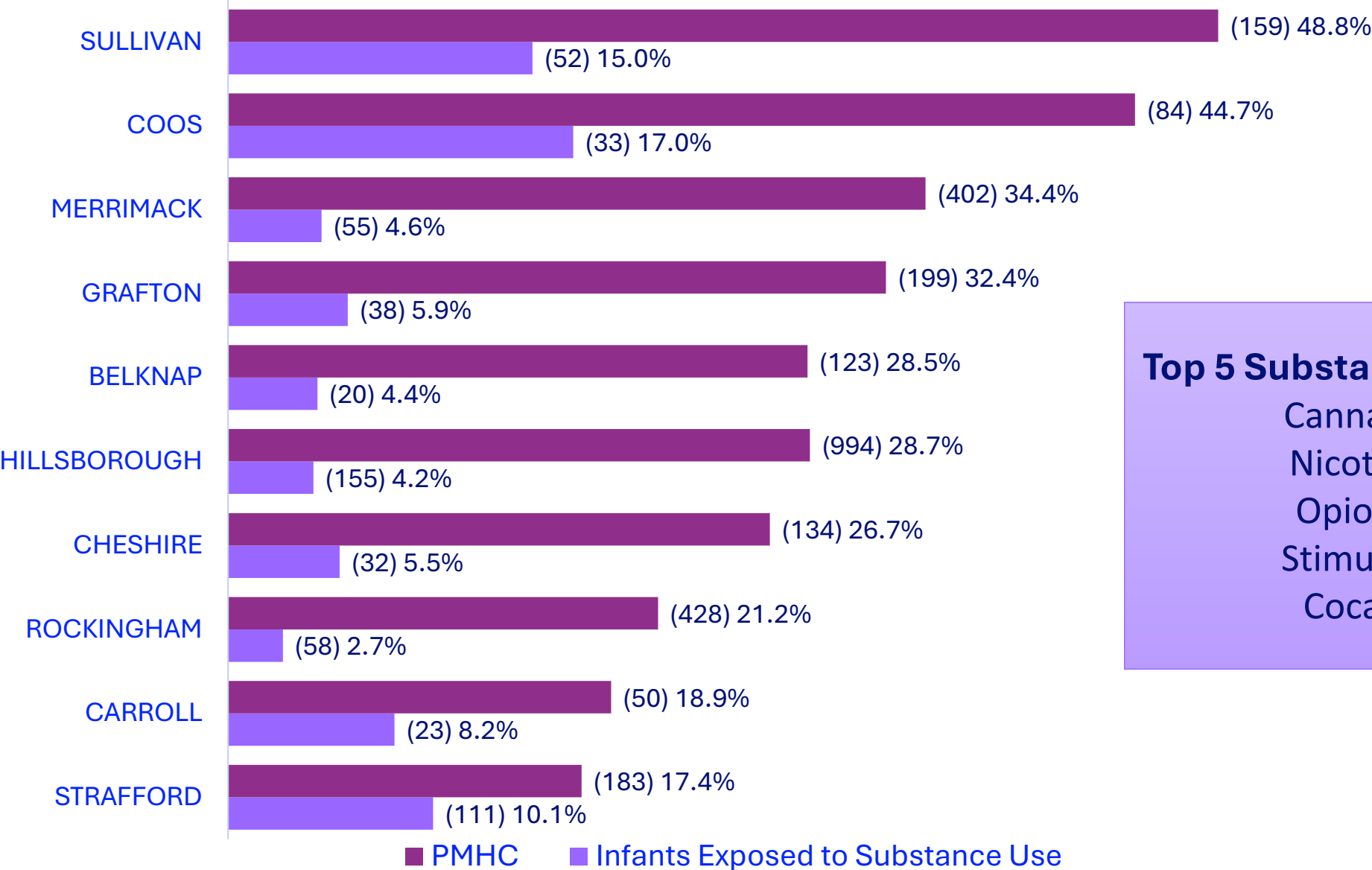
Percentage of Patients with a PMHC Who Were Treated or Referred, 2024 Occurrent Births



Yes No Unknown

Data Source, NH Birth Certificate Data

Mothers With a Perinatal Mental Health Diagnosis and Infants Monitored for Substance Exposure by County of Residence, 2024 Resident Births Occurring in NH

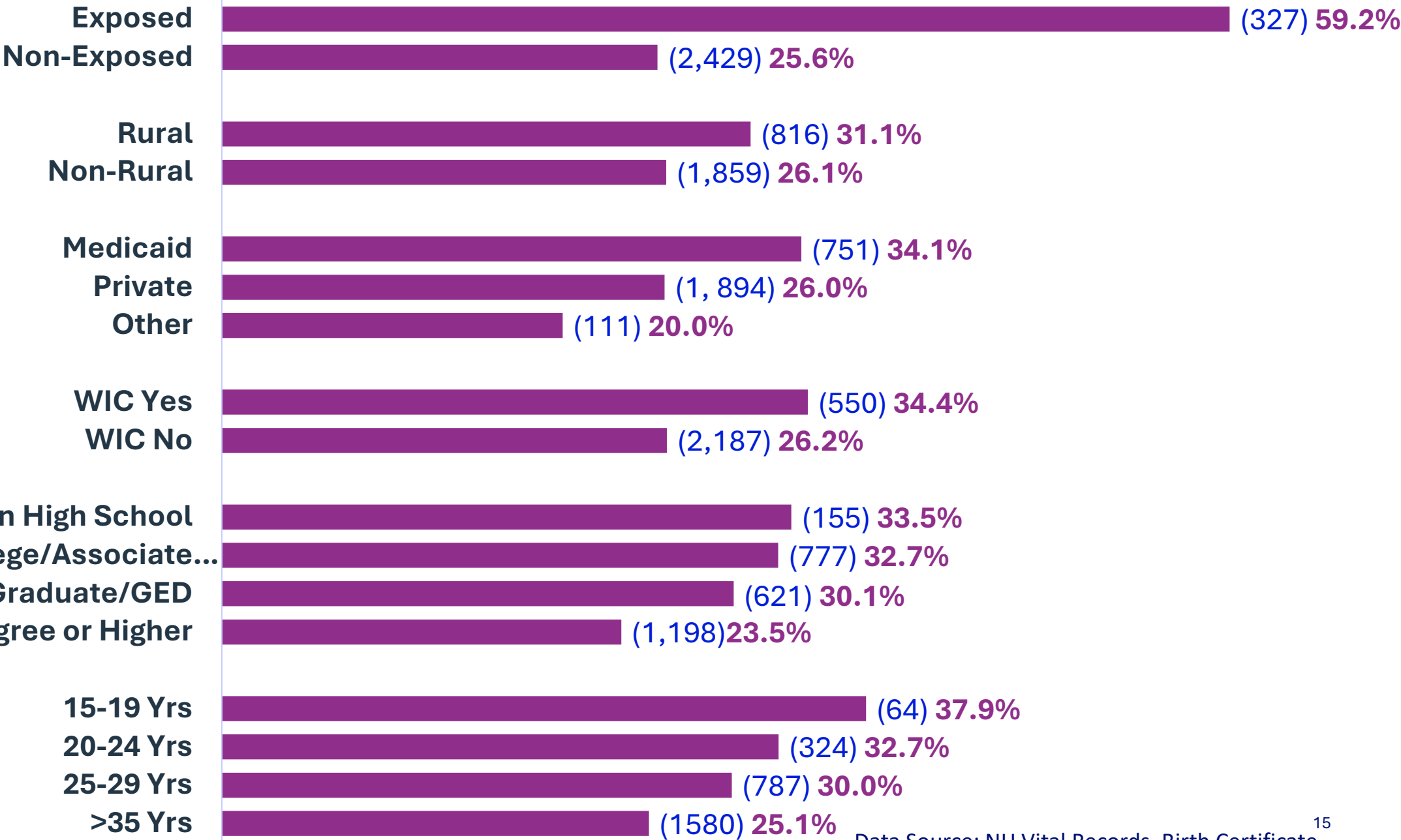


Top 5 Substances Identified

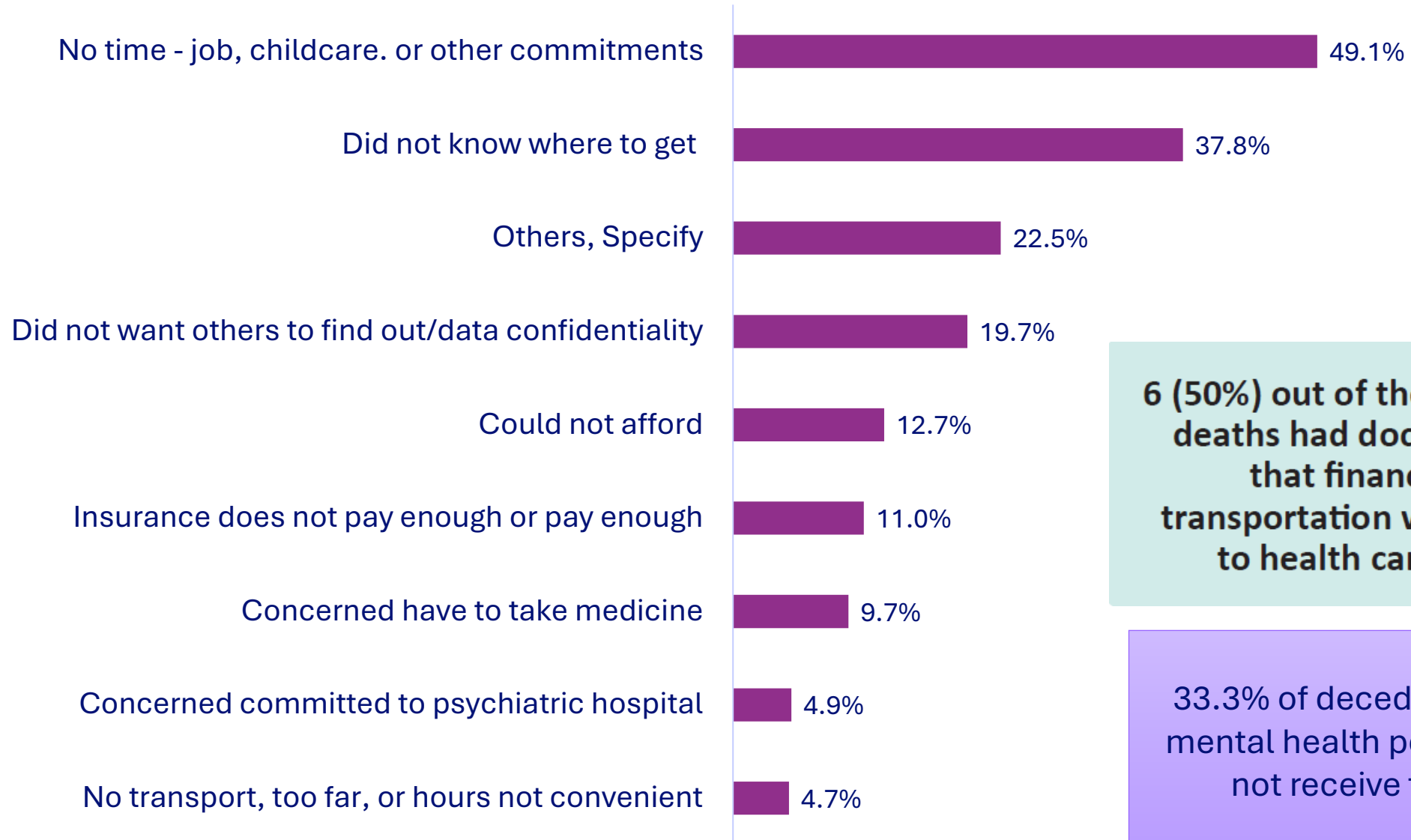
Cannabis 386
Nicotine 295
Opioids 159
Stimulants 61
Cocaine 38



PMHC By Selected Factors; Overall NH Resident Births Prevalence was 27.7% (2756)



Barriers to seeking mental health services, PRAMS 2022 SDOH Supplement

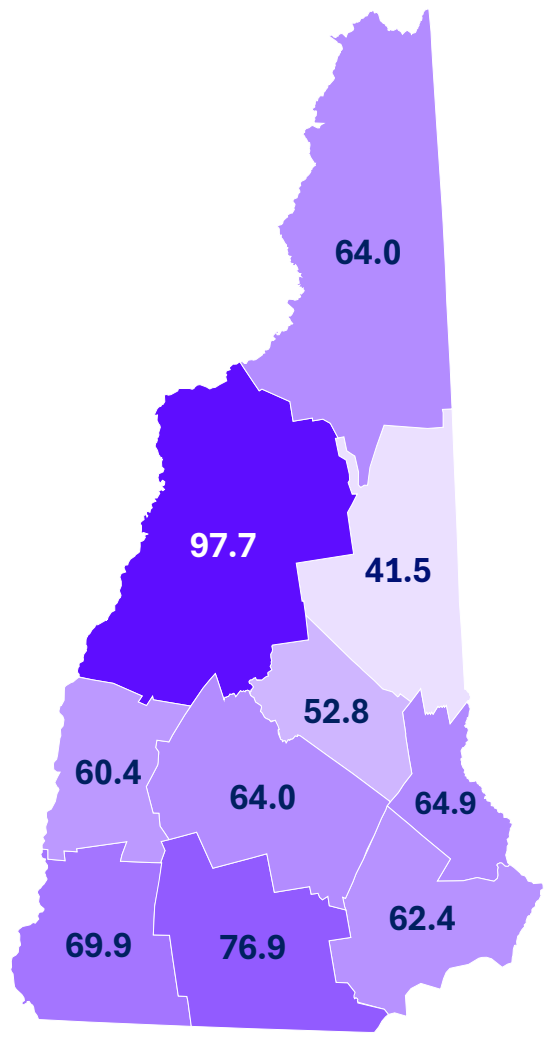


6 (50%) out of the 12 overdose deaths had documentation that finances and transportation were barriers to health care access.

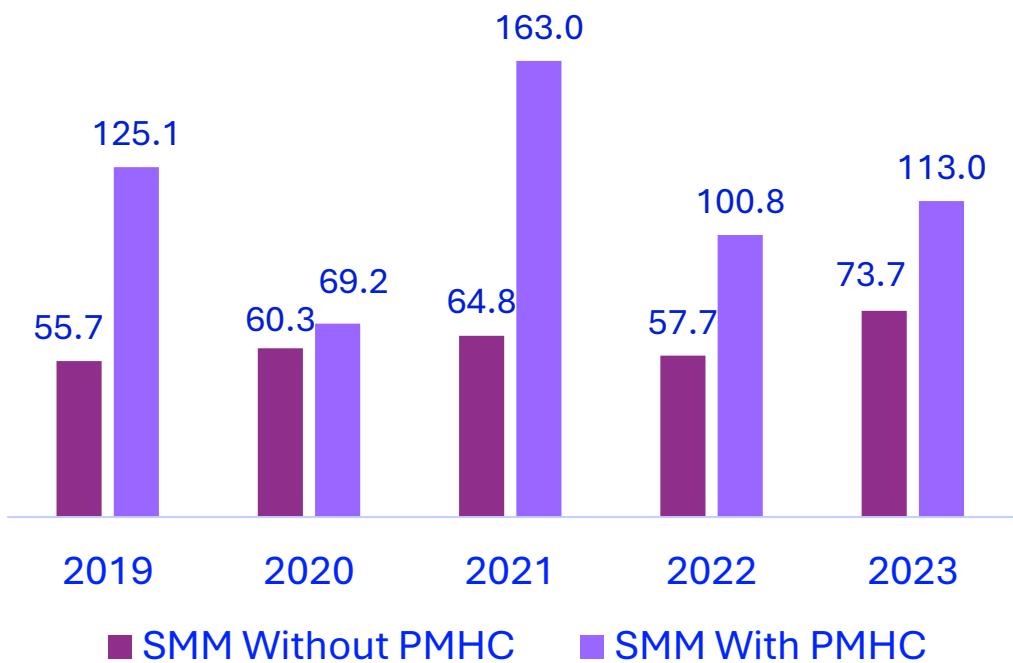
33.3% of decedents who had mental health postpartum did not receive treatment



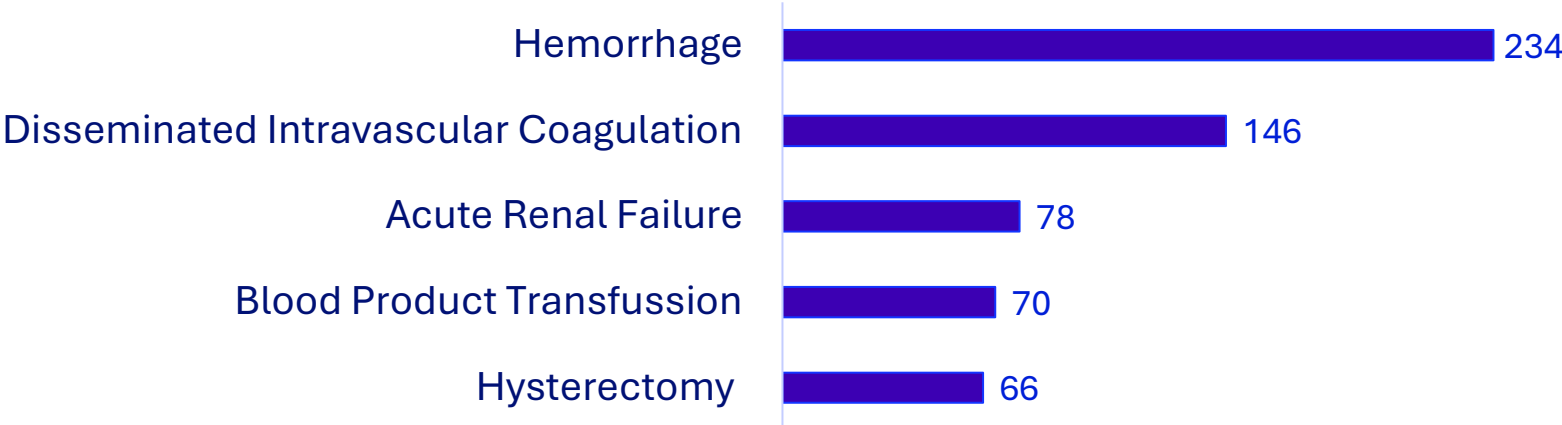
Rate of Severe Maternal Morbidity (SMM)
By County of Residence, 2016-2023



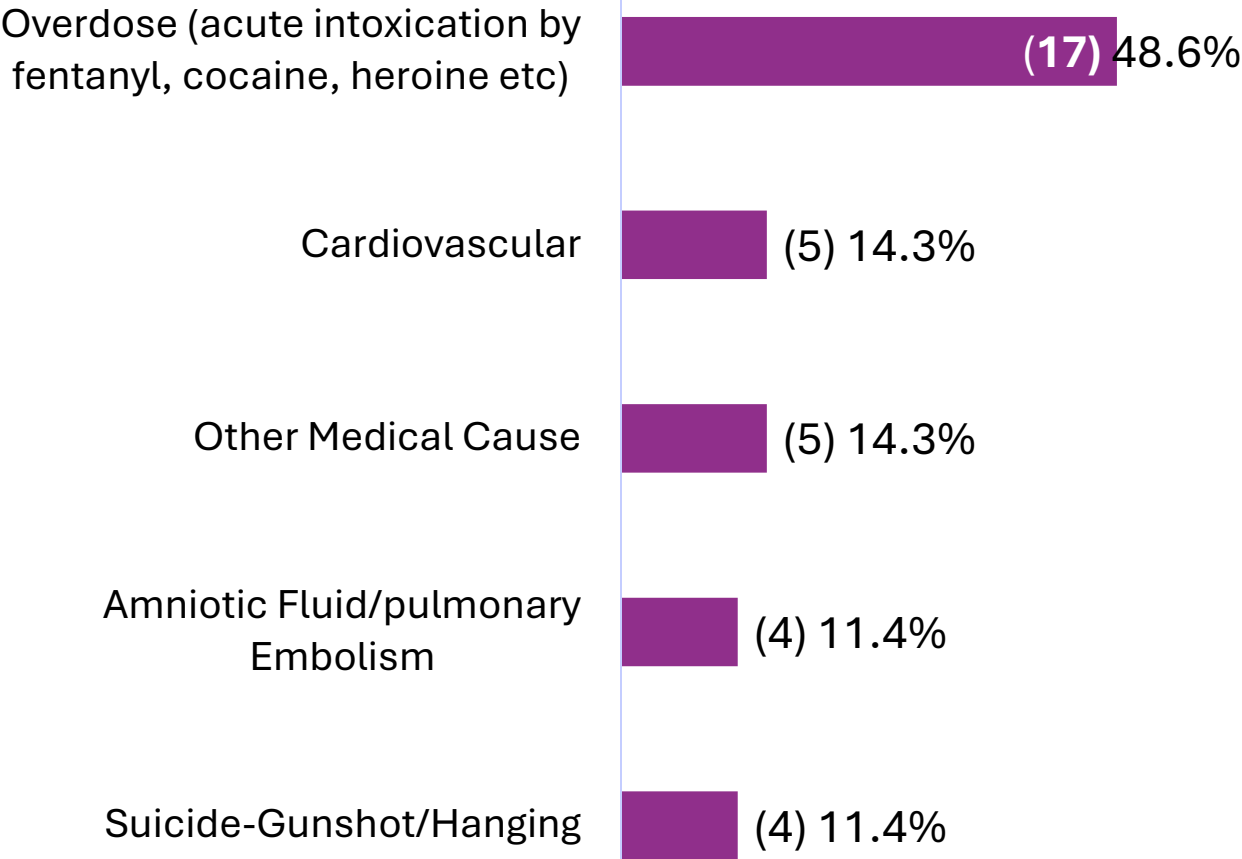
The SMM Rate Nearly Doubles Among Those with a
Perinatal Mental Health Diagnosis, NH Deliveries



Top 5 Conditions Reported Between 2019-2023

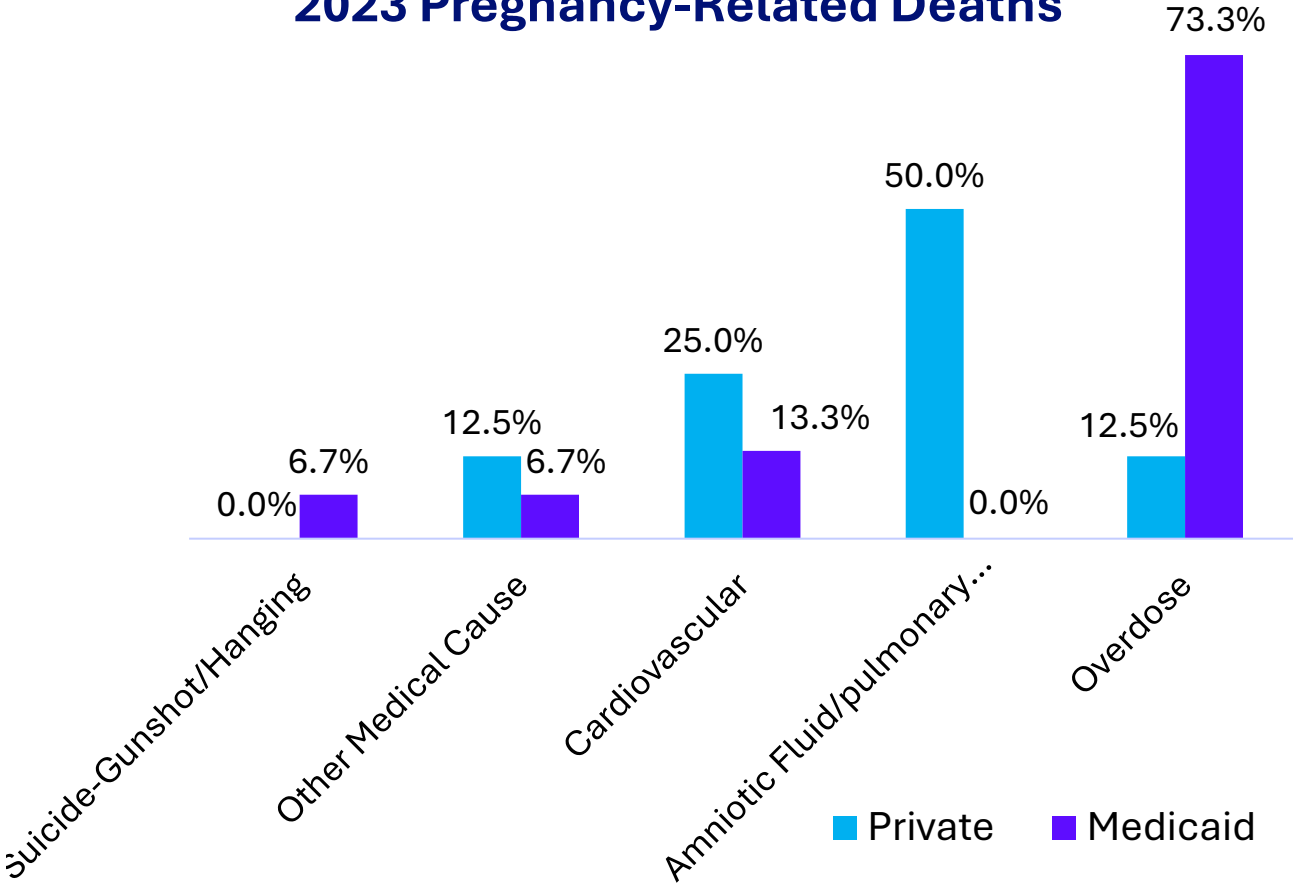


Causes of Pregnancy-Associated Deaths Among NH Residents (2019-2023)



66.7% of pregnancy-associated deaths occurred postpartum

Cause of Death by Insurance Type, 2019-2023 Pregnancy-Related Deaths



Drug overdose (50.0%) was the leading cause of death which is a 2.5% decrease as compared to 2018-2022 aggregate data.





THANK YOU! QUESTIONS

Contact us:

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The NH PQC Tableau Public
Site with Data Dashboards

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