NHPQC Strategic Plan

Policy Influencers

Community Services

Clinical Providers

Patient & Family Network
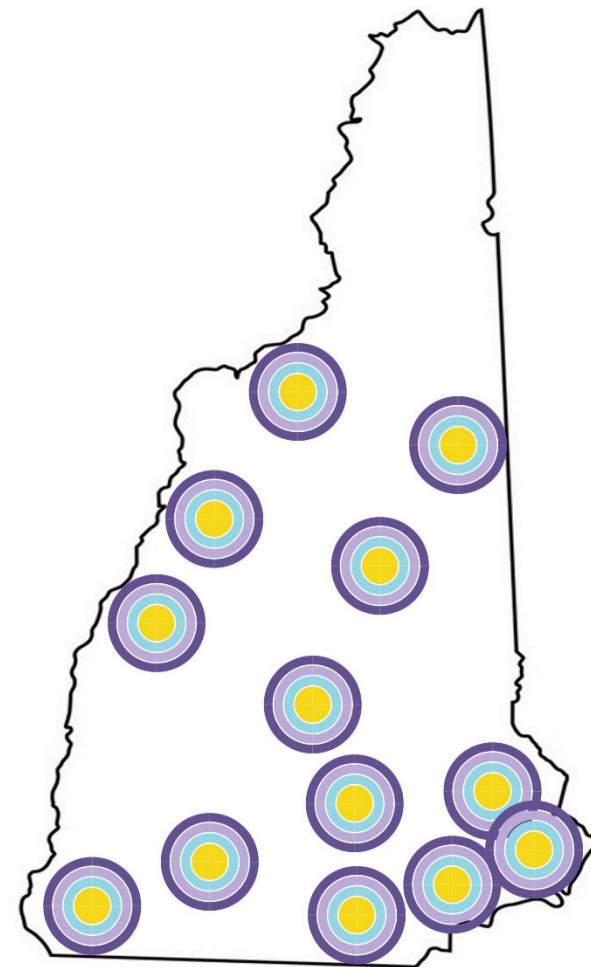
We are a state network of birthing communities working collaboratively. The concentric circles within the state of NH represent the diverse group of stakeholders in each geographic region who are NHPQC members.

NHPQC Mission

The New Hampshire Perinatal Quality Collaborative aims to build a patient-centered, data-driven, evidence-based, sustainable infrastructure to assure that every woman/birthing person, and infant receives high quality, safe care.

We support New Hampshire birthing communities with an integrated and collaborative approach to equitably improve health outcomes before, during, and after birth. We honor each person's unique and transformative experience of childbirth.

NHPQC Vision

All birthing people feel emotionally, psychologically, and physically safe as they experience caring, respectful, inclusive, high-quality care before, during, and after birth

NHPQC Goals

Goal 1: Sustainable Infrastructure That Supports Ideal Birthing Conditions for Everyone

Goal 2: Equitable, Safe, and Inclusive Practice

Goal 3: Women/Birthing People Are Supported and Have the Power To Make Informed Decisions

Goal 4: Data and Perinatal Health Outcomes Continuously Improve

NHPQC Strategies

- Support Safe, High Quality Perinatal Care
- Build the Capacity to Continuously Improve in Birthing Communities
- Promote An Integrated Collaborative Approach
- Foster a Culture of Caring
- Promote Equity in Processes and Outcomes
- Learn from One Another, Work Together, and Cultivate a Shared Commitment to Change
- Increase Communication Between Stakeholders
- Support Data and Community-Driven Improvement Initiatives
- Collectively Work to Address All The Other Factors That Influence People's Health
- Raise Awareness and Support Policy and Advocacy Work with Birthing Communities

NHPQC Initiatives and Activities (Years 1 and 2)

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Goal 1 Sustainable Infrastructure That Supports Ideal Birthing Conditions for Everyone
Goal 2 Equitable, Safe, and Inclusive Practice
Goal 3 Women/Birthing People Are Supported and Have the Power To Make Informed Decisions
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Creation of Local Inclusive Coalition Initiative

Coalition-led improvements that focus on local priorities as determined by the Birthing Communities with broad stakeholder representation that integrates patient voice and breaks down silos between providers

Activities
- Community process mapping and community resource mapping to better understand current landscape
- Share best practices, identify support services, share data, and work on AIM bundles
- Building relationships and starting with listening groups in disproportionally impacted communities in Manchester and Nashua

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Collective Learning Webinars to Educate, Convene, and Build Awareness Initiative

Offering monthly webinars virtual learning opportunities covering the full spectrum of the perinatal journey, co-produced and driven by the communities and coalitions

Activities
- Share best practices on:
  - Collective action and equitable practices
  - Resources and approaches that support clinician wellness
  - Community implementation cases of Perinatal Initiatives

- Example topics for Webinars to include:
- 'Communication Best Practices' *led by patients with perinatal, pediatric and mental health providers*
- 'How to Make Informed Decisions' - *training providers on how to communicate and talk to patients so that they are well equipped to make informed decisions*

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	Perinatal Care Improvement Initiatives (2) 1. **Improving Access to Mental Health Resources and Support** - *with particular focus on communities who experience stigma, bias and for communities of color* **Activities** - AIM work 2. **Strengthening Perinatal Collaboration & Support** - *increase communities' capacity and create programming and supporting roles tailored to meet their local needs* **Activities** - Support communities to create 4th Trimester groups, parent-centering support groups, disseminate best practices and support access* across the state (*Doula care, CHW, recovery coaches, home visiting, and pregnancy resources)

Goal 4	**Data and Perinatal Health Outcomes Continuously Improve**
	Creation of NH PQC Website and Dashboards Initiative *The website and dashboards will provide data, identify regions and partners, explain projects and initiatives, and act as a resource for healthcare providers and parents/families* **Activities** - Create hospital and community facing dashboards - Create data sub-committee - Co-create common metrics with communities to track progress