## **A Urgent Maternal Warning Signs**

Pregnant or gave birth within the last year?

## If you have any of these urgent warning signs, call 9-1-1 or go to the nearest Emergency Room/OB Triage!



Headache that

won't go away or

gets worse over

time, with or without vision changes



Trouble breathing Baby's movements stop or slow down



Seizures



during pregnancy

Vaginal bleeding Severe belly pain or fluid leaking that doesn't go

away



Thoughts about hurting yourself or your baby

When you get to the **Emergency** Room/OB Triage, tell them:

Your name

You are pregnant or had a cesarean or vaginal delivery on (date)

Who your OB Provider is and where you delivered

The warning sign you are experiencing

Call your OB Provider and say you need to be seen today if you have any of these urgent maternal warning signs:



Fever

Changes in your

vision



of your hands or face



Heavy vaginal bleeding (more than your period) after you give birth



Leg pain, swelling Chest pain or or redness in your fast-beating heart



Severe nausea and throwing up (not like morning sickness)



fainting



Overwhelming tiredness

When you reach the office or your OB Provider, tell them:

Your name

leg

- You are pregnant OR had a cesarean or vaginal delivery on (date)
- The warning sign you are experiencing and that you need to see/ speak to your provider today

If you cannot reach your OB Provider, go to the emergency room/OB Triage!













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