

Meet Your Health Plans



Care is the heart of our work. We look for new ways to improve the health of our members and their communities with integrity and compassion.

Extra benefits at no cost to you include:

CARE Card Rewards Program

Earn rewards for healthy activities such as annual checkups. Spend your reward dollars at Walmart, Walgreens, Dollar General, Family Dollar, CVS, Shaw's and more! *

Car and Booster seats

For infants and children (up to \$210 value). *

Three-month WW®

(Formerly Weight Watchers®) Online membership (up to \$133 value). *

Wear It Well

Automatically enrolled for a chance to win a bike helmet (ages 2-16) or \$120 ADIDAS gift card after completing annual wellness visit (ages 12-17).

Bright Start®

Access to pregnancy care including up to \$70 in CARE Card rewards for notifying us of your pregnancy.

Substance Use Disorder Recovery Benefit

Members may receive up to a \$500 lifetime max for services including massage, acupuncture and more!

*Some restrictions and limitations may apply. Earn up to \$250 in certain cash and non-cash goods and services each year.



We're local, so our members are our neighbors, friends and family. Our mission is to transform the health of the communities we serve, one person at a time.

Extra benefits at no cost to you include:

My Health Pays® Rewards Program

Adults and children can earn rewards just for healthy behaviors. Spend your reward dollars at Walmart® or use them to help pay your rent, utilities, childcare, transportation and more. *

Start Smart for Your Baby®

Pregnant and new moms get extra care and support. Earn \$100 just for telling us you're pregnant in your first trimester!

Kicks for Kids

Children and a guardian are each entered into a monthly drawing for a \$50 gift card just for completing lead screenings for 0-2 year old members.

Enhanced Non-medical Transportation

Care management program ride assistance for social health needs like food pantries, WIC offices and ServiceLink offices (up to 4 rides per year).

Healthy Kids Club

Education, fun, exclusive prizes for members 0-14.

* Some restrictions and limitations may apply. Earn up to \$250 in certain cash and non-cash goods and services each year.



Our goal as a local nonprofit health plan is to help families and communities find paths to better health, no matter their circumstances.

Extra benefits at no cost to you include:

Dollar Rewards Program

Earn rewards for completing healthy actions like attending wellness visits or getting a flu shot. *

OTC Items and Utilities

Use your rewards to buy over-the-counter items from retailers like Walmart and CVS. Rewards dollars can be used to pay for utilities such as internet and electricity.

Get Fit! Fitness Reimbursements

Get up to \$100 back on Weight Watchers® fees, \$200 back on health club memberships or up to \$100 back on a fitness tracker. *

Family First Safety Benefits

Receive car seats, booster seats and bike helmets for infants and children on the plan (up to \$100 value). *

Diapers and Rewards for Moms

Get a box of diapers (up to \$40 value) and dollar rewards for attending prenatal and postpartum visits. *

* Some restrictions and limitations may apply. Earn up to \$250 in certain cash and non-cash goods and services each year.

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New Hampshire

Wellness and Opportunity Center

Our Manchester-based center offers:

- **Cooking classes**, virtual and in-person
- **Yoga classes**
- **Chronic Disease workshops**
- **Diapers, food and clothing** at no cost to you in our Giving Pantry!
- **Computer access** with color printing
- **Events** including baby showers, job fairs, seasonal events and more!

Home Delivered Meals

Receive 14 home delivered meals (\$98 value) after a qualifying hospital stay.

Last Resort Smartphones

When no other option is available.

Community Transportation

Up to 14 one-way social trips to locations such as grocery stores and laundromats.

24/7 Nurse Line

Speak to a registered nurse for health advice for you and your family.

Mission GED

Adult members receive up to \$125 toward Hi-Set and GED costs. *

Enhanced Vision

Get a \$100 credit for contact lenses, in addition to standard glasses benefit.

To learn more or to find a provider, contact **1-833-704-1177** (TTY 1-855-534-6730) or visit www.amerihealthcaritasnh.com.



nh healthy families.

Ready for My Recovery Program Education, support, backpack and dollar rewards for achieving milestones in your recovery from substance use disorder. *

Teleservices for Behavioral Health

Convenient connection with a live, licensed therapist for mental health and substance use disorder services.

Welcome Home Program Kits

Care management program providing necessary items that will help home displaced individuals or families placed in their new residence. *

MemberConnections® At-home outreach; your clinical partners for assistance with health and social service needs.

24/7 Nurse Line Get health and wellness advice from a registered nurse.

Nutrition & Food Security Program

Care Management Members

Post-discharge meals: medically tailored, home delivered. Nutritional health coaching

Community Based

Green to Go! Mobile Food Pantry - fresh fruits, vegetables, lean meat, resources, prizes and supports throughout the state.

Green to Go! Food Club – Monthly food boxes for youth and their families.

To learn more or to find a provider, contact **1-866-769-3085** (TDD/TTY: 1-855-742-0123) or visit www.nhhealthyfamilies.com.



Statewide Access to Care

Visit a network of hospitals, doctors, specialists, pharmacies, behavioral health and substance use disorder providers across New Hampshire.

Personalized Health Services

Registered nurses will offer you additional services and education to help you manage living with special health needs and chronic conditions.

Supportive Texting Program

Stay connected to your care with text message reminders about screenings, immunizations, and wellness tips.

24/7 Nurse Advice

Registered nurses are only a call away, 24 hours a day, seven days a week, to answer your immediate health questions.

Replacement Eyewear

Receive one pair of replacement eyeglasses once every 12 months.

Batteries for Hearing Aids

Get money back for replacement hearing aid batteries (up to \$20 value). *

Member Portal

Online access to your virtual member ID card, plan information and more.

To learn more or to find a provider, contact **1-877-957-1300** (TDD/TTY: 711) or visit www.wellsense.org.