

NH Training & Technical Assistance Resource List

Updated July 2026



This document provides an overview of the training and technical assistance resources available in New Hampshire for the perinatal workforce. Scan the QR code to visit our online resources page.



● New Hampshire Perinatal Quality Collaborative

About: The NHPQC represents a statewide network working collaboratively towards improving maternal and infant health care and outcomes in our state.

Opportunities:

- Maternal Health Task Force - Meets the third Monday of each month at 12pm
- 11 Coalitions - Meeting Monthly - times vary
- Monthly Newsletter and External Communication Channels

Contact: Julie Bosak, Project Director, NHPQC@hitchcock.org

Website: www.nhpqc.org

● NH Alliance for Innovation on Maternal Health (NH AIM)

About: NH AIM and the Alliance for Innovation on Maternal Health (AIM) is a quality improvement initiative to support best practices to improve maternal health outcomes. AIM offers online resources, technical assistance, webinars and learning series.

Opportunities:

- NH AIM/ERASE Maternal Mortality Webinar Series - 2nd Thursday of each month, 12 PM-1 PM
- Technical assistance available for birthing hospitals on data collection
- National AIM TA Webinar Series

Contact: Maggie Coleman, or Emily Brayton, NHPQC@hitchcock.org

Website: www.nhpqc.org/AIM

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● NH Mom Hub

About: Connects mothers and healthcare providers to compassionate, evidence-based mental health support. NH Mom Hub helps families navigate mental health support statewide through warmline talk/text support, peer mentoring, targeted local referrals, and follow-up.

Contact: Alison Palmer, Program Director, info@nhmomhub.org

Website: www.nhmomhub.org

● NH Perinatal Substance Exposure Collaborative

About: Multidisciplinary space for collaboration and resource sharing, and to identify and support activities aiming to serve the needs of those impacted by perinatal substance exposure in New Hampshire.

Opportunities:

- Collaborative meetings - quarterly on the 3rd Wednesday of each month, 2:30 PM - 4:30 PM
- Monthly newsletter
- Technical assistance

Contact: Rekha Sreedhara, Project Director, rekha.sreedhara@jsi.org

Website: <https://nhcenterforexcellence.org>

● Northern New England Perinatal Quality Improvement Network

About: NNEPQIN is a member organization that aims to improve perinatal health across Northern New England through collaboration on clinical guidelines, QI projects, case review, and educational conferences.

Contact: Emily Brayton, Operations Director, NNEPQIN@hitchcock.org

Website: www.nnepqin.org

● Postpartum Support International NH

About: Non-profit organization dedicated to helping those with perinatal mood disorders.

Opportunities:

- [Perinatal Psychiatric Consult Line](#)
- [Training Sessions](#)

Contact: [Contact Us Form](#)

Website: <https://psichapters.com/nh/>

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● ECHO Programs

About: A learning framework that engages people virtually where they share support, guidance and feedback.

Opportunities:

- Substance Use Disorder ECHO
- Optimize Rural Perinatal Healthcare ECHO
- Innovating to Provide Rural Perinatal Care in Challenging Times ECHO

● American College of Obstetricians & Gynecologists

About: ACOG is a professional membership organization providing practice guidelines, management tools, and career development resources.

Opportunities:

- Online Learning

Contact: Melissa Martinez-Adorno, martinezadornomd@gmail.com

Website: <https://www.acog.org>

● Perinatal Peer Workers in Recovery Support Group

About: Closed group session for peer support workers with lived recovery experience, offering a confidential space to talk through the unique challenges of doing this work while also managing one's own personal recovery journey.

Opportunities:

- Monthly meetings, last Friday of each month, 2 PM - 3:30 PM

Contact: Cheri Bryer, Cheri.L.Bryer@hitchcock.org

Website: <https://nhpqc.org/perinatal-peer-worker-programs/>

● Perinatal Peer Worker Learning Series

About: Monthly learning series for peer workers including doulas, peer support workers, peer mental health navigators, recovery navigators, community resource specialists, and community health workers working in perinatal and maternal health settings

Opportunities:

- Monthly meetings, 2nd Friday of each month, 2 PM - 3:30 PM

Contact: Cheri Bryer, Cheri.L.Bryer@hitchcock.org

Website: <https://nhpqc.org/perinatal-peer-worker-programs/>



● Perinatal Provider Peer Consultation Group

About: Free, open group for anyone working with families during the perinatal period—therapists, midwives, doulas, nurses, lactation consultants, care coordinators, and others supporting clients through pregnancy, postpartum, infertility, and loss. The format is informal and collaborative—bring cases, questions, or come to listen and learn from other professionals in the field.

Opportunities:

- Monthly meetings take place the 2nd Monday of each month at 11 AM

Contact: Complete this [form](#) to participate or email Samantha Palmer, spalmer@ca-mh.com

● Perinatal Mental Health Consultation

About: Perinatal mental health consultation for prescribers and didactic learning sessions.

Opportunities:

- Consultation is available by appointment (contact below)
- Monthly Learning Series

Contact: Juliana Dapice, Population Health Coordinator, Juliana.P.Dapice@hitchcock.org